



GHT

Company Profile

SD GHT HEALTH CARE NIG LTD

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SD GHT Health Care Nig. Ltd is a wholly owned subsidiary of Shandong GHT Pharmaceutical Co.Ltd. The company is a big health brand category and a manufacturing enterprise. The company was founded In 1989 in the beautiful coastal city of Yantai. We specialized in production and sales of Chinese herbal medicine, dietary supplement and medical instruments.

The group currently has a production base known as Shandong Zibo Yada Pharmaceutical Co.Ltd which is gradually and effectively expanding its branded distribution and marketing centres across some parts of African countries.

GHT Boavida Angola Ltd was established in 2012, GHT Boavida Mozambique Ltd was established in the year 2017, SD GHT Health Care Nigeria Ltd was set up in the year 2020.

The group precisely entered African market in the year 2012 with a driven responsibility to disseminate Traditional Chinese Medicine (TCM) culture. We are highly committed to spreading the essence of TCM culture to people around the Globe, to improve Human health, Quality of life, Standard of living and to create TCM empire, prompt distribution and feedback channels. GHT has efficient and friendly service system in an environment of love and dignity.





OUR MISSION

To inspire hope in the Healthcare industry by introducing advanced technology for an effective diagnosis, treatment and healthcare delivery worldwide.

OUR VISION

We are the changing phase of Healthcare, improving financial lives , passionate about serving the whole world and partnering for quality results.

OUR CORE VALUE

Our core values are:

- * Quality
- * Integrity,
- * Excellence
- * Accountability.

... linking people with informations to improve the quality of their lives.



Reasons of partnering with GHT

- ➔ Quality Products
- ➔ Unlimited Income
- ➔ Time Freedom
- ➔ International Travel Award
- ➔ Luxury Car Award
- ➔ Villa Award
- ➔ Business Ownership
- ➔ Education Scholarship
- ➔ Health Insurance and Life Assurance



PRODUCTS CATALOGUE



A01	Reodoe	Boosts male libido and sexual performance
A02	Longzit	Improves general well - being
A03	Female Care	Menstrual disorder and female health solution
A04	Panicept	Bones, joint and pain management
A05	Caerite	Heart-care solution
A06	Prostbeta	Improve urinary flow, Reduce urgency
A07	B - Clear	Immune booster and anti-inflammation/virus
A08	Sto Care	Improves stomach health
A09	Ginseng & Royal jelly	Reducing blood fat & lowering blood sugar
A10	Ganoderma Reishi 3 in 1	Supports respiratory & digestive system
A11	Myco - Balance	Strengthens all the system in the organism
A12	Vigor Max	Boosts sperm count, Supports vitality & vigor
A13	Hyperfree	Support blood pressure natural advanced formula
A14	Dialese	Regulates blood sugar
A15	Fat Burner	Healthy weight management
A16	Probio Form	Premier tonic for alleviating internal heat
A17	Livities Tablet	Detoxify and protect the liver
B02	Multivitamin CIZ 30s	Supports vitamin
B03	Hi Calcium	Supplies calcium and vitamin D
B04	Garlic oil	Fights infections, Supports healthy cholesterol levels
B05	OMEGA-3 Deep Sea Fish Oil	Supports heart, joints and brain health
B06	Zinc Capsules	Used as zinc supplement in zinc deficiency stage ; supports reproductive health.
C01	Reishi Coffee	Boosts immunity, supports heart and kidney health
P01	Skin Care Soap	Daily skin care
P02	Ever Fresh Toothpaste	Relieves gum problems and protects oral health
P04	Gentle Exfoliating Gel	Deep cleansing, purifying and smoothing the skin
P05	Jasmine Body Lotion	Exfoliates and smoothen the skin
P06	Spabucta Spray	It relieves joint pains / Antibacterial effect
P07	Feminine Wash	Promotes overall vaginal health.
T01	Constifree Tea	Detoxify and releases constipation
T02	I-Detox Tea	Liver purifying & Eyesight improving



A01

Reodoe

GHT

➤ Health Benefits

- Impotence
- Premature ejaculation
- Short sex time
- Weakness
- Low back pain
- Prostatitis

Package: 400mgx10s

Usage : 1 to 2 capsules ,Once daily



Dosage and Administration

The recommended dosage is one capsule at a given time. However, the dosage may be increased based on the effectiveness and tolerance of one's body system.

Main ingredients

Radix giinseng / Herb epimedii / Fructus tribuli / Radix polygoni multiflora / Cortex eucommiae / Cordyceps militaris

Reodoe is an ancient chinese herbal formula for prolonging hard rocking erection for sexual pleasure. Reodoe naturally improves the relaxation of the corpora cavernosa, thereby causing delay in the lengthen period of the tunica albuginea, which further increases libido and sustain erection firm enough for sexual

- * It relaxes muscles found in the walls of blood vessels and increases blood flow to particular area of the body.
- * Reodoe is naturally produced with tcm herbs for excellent result.
- * It helps to boost sexual confidence and prolong relationships between partners.
- * Request for Reodoe today and you will be on the right track to a better moment of intimacy with your partner.
- * Reodoe has been identified as an option for treatment of ED for men with concurrent diabetes. ED commonly affects these men because of hormonal issues as well as diabetes complications that interfere with blood flow to organs.
- * Reodoe can improve male sexual health, balance male sexual hormone and prevent prostate inflammation.



Warning

- Keep product out of the reach of children
- Do not use with alcoholic drinks ,cigarette, cold, spicy or oily food
- Take products 1-2 hours before sexual activities.

A02

Longzit

GHT

Health Benefits

Package: 500mg*30s

Usage : 1 to 2 capsules, Twice daily.

- ◉ It relieves back pain
- ◉ Improves Arthritis and Rheumatism
- ◉ Improves type 2 diabetes.
- ◉ It relieves menopausal disorder
- ◉ It relieves stroke sequela by relieving such syndromes as language barrier, deflection of mouth etc.
- ◉ It takes care of fatigue which could be caused by work stress and improves sleeping condition
- ◉ It boosts immune system
- ◉ It protects against accelerated aging
- ◉ It helps to lower blood fat and blood pressure
- ◉ It calms the nerves and improves the functions of the kidney
- ◉ It is helpful for infertility and menstrual cramp
- ◉ It prevents Prostate enlargement

Main ingredients

Redix rehmanniae / Fructus corni / Cortex moutan / Rhizoma dioscoreae / Poria / Rhizoma alismatis

In traditional Chinese Medicine, The word Yin means “shady side” and Yang “sunny side”. Yin Yang is the concept of duality forming a whole. This formula is one of the ten most famous classical Chinese herbal medicine.

- * The formula contains mu dan pi which possesses a strong anticoagulation effect.
- * It possesses the effect of anti-tiredness and improve the ability of physical activities.
- * Longzit Capsule is a chinese premier herbs for a general healthy living. Today, it is widely used to nourish Yin of the Yin-Yang principles and it is the foundation for many other Chinese medicines.

Warning

- Not recommended for pregnant women
- Keep product out of the reach of children
- Do not use with alcoholic drinks, cigarette, cold, spicy or oily food.



A03/S03

Female care

GHT

Health Benefits

Package : 600mg*50s / 600mg*25s

Usage: 4 capsules once, Twice daily

- ⊙ Lowers abdominal pain
- ⊙ Regulates vaginal bleeding
- ⊙ Menstrual disorders
- ⊙ Relieves Menstrual abdominal pain
- ⊙ Controls abnormal uterine bleeding
- ⊙ Relieves Inflammation of ovaries Cyst
- ⊙ Helpful for Pelvic Inflammatory diseases (PIDs)
- ⊙ Relieves vaginitis
- ⊙ Vaginal bleeding caused by the upper birth ring
- ⊙ Promotes blood circulation and regulates menstruation.
- ⊙ Effective for amenorrhea, dysmenorrhea and abdominal pain due to blood stasis during post-natal.



Main ingredients

Radix angelica sinensis / Rhizoma chuanxiong / Motherwort / Radix glycyrrhizae / Semen persicae / Dried ginger / Herba konuri / Flors carthami / Radix cynanchi paniculati

Are you struggling with your health, Ovarian cyst, menstrual disorder or hormonal issues? Look no further, the female health solution is here. Female Care Capsule is a female health solution for healthy reproductive system, menstrual disorder, menopausal symptoms and general female health. Female Care contains Motherwort (YIMUCAO), Angelica (DANGGUI), Chuangxiong, Dried ginger (CHARCOAL) etc.

- * Motherwort (YIMUCAO) has an excellent effect on the uterus, directly acting on the uterine vascular smooth muscle, contracting the uterine artery blood vessels, helping the uterus to recover and facilitating the discharge of residues in the cervix.
- * Angelica (DANGGUI) can nourish blood, promote blood circulation and regulate menstruation, promote platelet aggregation and adhesion, increase blood coagulation, quickly stop bleeding, directly shorten bleeding, clotting time, and improve coagulation function.
- * Chuangxiong can activate blood stasis, dispel wound and relieve pain.
- * Dried ginger (CHARCOAL) has a positive effect on the Yang, and it has the effect of treating cold and abdominal pain.
- * The combination of various medicines can nourish blood, regulate blood circulation and relieve pain.



Warning

- Not recommended for pregnant women
- Keep product out of the reach of children
- Do not use with alcoholic drinks, cigarette, cold, spicy or oily food.

A04

Panicept

GHT

Health Benefits

Package : 300mg*50s

Usage: 2 capsules once, 3 times daily

- ⊙ Relieves pain
- ⊙ Promotes blood circulation
- ⊙ Rheumatoid arthritis
- ⊙ Effective for Rheumatism
- ⊙ Helps hypertrophic lumbar inflammation
- ⊙ Relieves Cervical spondylitis
- ⊙ Relieves Lumbar muscle strain and bone pains
- ⊙ Joint pain
- ⊙ Relieves general Body pain



Main ingredients

Radix angelica dahuricae / Aconiti / Angelica pubescentis / Dipsaci / Achyranthis bidentatae / Sanchi / Radix / saposhnikoviae / Radix clematidis / Radix genyianae / macrophyllae / Dark of girald acanthopanax / Radix / stephaniae tetrandrae / Caulis piperis kadsurae / Cortex eucommiae / Sevenlobed yam rhizome / Radix polgoni multiflori / Herba taxilli / Radix angelica sinensis / Rhizoma / drynariae / Flos carthami / Rhizoma homalomenae / Radix paeoniae rubra / Ramulus cinnamomi

Long term use of over the counter medicines for pain relieve can cause side effects. Prescription medications may be addictive and have even more adverse effects. People have used herbs and natural therapies as pain relievers for hundreds of years.

- * Panicept Capsule is a natural herb for effective pain relieves and superb result. It helps to remove pain naturally, improve sleeping conditions and ease anxiety.
- * It reduces inflammation, relax muscles and pain relieving effects.
- * After several years of research and development, Panicept Capsule is approved by the State and is listed as a national statutory drug for the treatment of bone, muscle and joint pain caused by rheumatism and ankylosing spondylitis.

Warning

- Use as recommended
- Pregnant women and nursing mothers should not take it
- Keep product out of reach of children
- Not recommended for children under 12 years



A05

Caerite

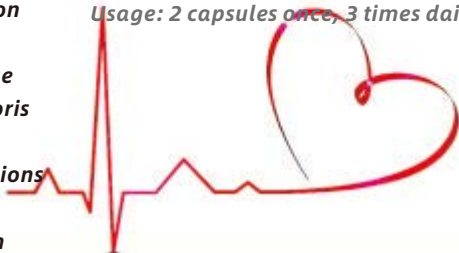
GHT

➤ Health Benefits

- ⊙ Promotes blood circulation
- ⊙ Relieves heart pain
- ⊙ For coronary heart disease
- ⊙ Effective for angina pectoris
- ⊙ Relieves chest tightness
- ⊙ Helpful for heart palpitations
- ⊙ Relieves dizziness
- ⊙ Effective for hypertension
- ⊙ Prevents heart muscle damage and coronary arteriosclerosis.
- ⊙ Reduces and lowers Cholesterol
- ⊙ Improves cardiac output.
- ⊙ Effective for stroke conditions.

Package: 400mg*40s

Usage: 2 capsules once, 3 times daily



Main ingredients

Radix salviae miltiorrhizae / Sanchi / Bomeolum syntheticum / Pulvis cornus bubali concentratus / Venenum bufonis / Flos carthami / Bos taurus domesticus / Panax ginseng camey

Caerite Capsule is a natural herbal medicine for the treatment and prevention of heart disease and micro-circulatory disturbance. Currently, Caerite has become the most popular choice in China for the treatment and prevention of heart related diseases.

- * It can recover heart function and soften vessels, clear toxins in the blood ,improve peripheral circulation and focuses on the function recovery of cardiovascular system.
- * It can help to relieve chest pain, lower blood pressure, increase blood flow in coronary, aid in resisting lack of blood and oxygen, prevents platelet coagulation, helps sleeping and lessen anxiety.
- * It also helps the heart to function well, improve blood circulation, effective for angina pectoris problems, hyperlipidemia and organ damage etc. Cardiovascular diseases including illnesses that involve the blood vessels (veins, arteries and capillaries) or the heart, or both-diseases that affect the cardiovascular system.

Warning

- Not recommended for pregnant women
- Keep product out of the reach of children
- Do not use with alcoholic drinks ,cigarette, cold, spicy or oily food.



A06

Prostbeta GHT

Package: 570mg*60s

Usage: Take 3 tablets once, 3 times daily



Health Benefits

- Treat acute bacterial prostatitis
- Effective for treatment of Chronic Prostatitis and benign prostatic hyperplasia (relax bladder neck muscles and muscle fibers in the prostate, making urination easier)
- Improves urinary flow, reduce pain or burning sensation when urinating (dysuria)
- Improves sleep patterns
- Improves blood in the urine
- Improves pain or discomfort of the penis or testicles. Treat pain in the areas between the scrotum and rectum (perineum)

Main ingredients

Canola flower powder / Dextrin / Corn starch / Silica and microcrystalline cellulose

Functions

Discover a Safe and Natural Way to Shrink an Enlarged Prostate and Increase Your Sex Drive with GHT Prostbeta Tablet.

- * Prostate conditions can be overwhelming. It is a condition that affects about 50-60 percent of men in their late 40's and above.
- * Prostate enlargement is a common problem among men with figures reaching over half of men experiencing symptoms by the age of 60. If the condition is so common what is the big deal about having an enlarged prostate. When the prostate enlarges it starts to interfere with the passage of urine and semen through the penis out of the body.

Common Signs of Prostate Enlargement:

- * Increased urination
- * Pain while urinating
- * Weak and interrupted urine stream
- * Inability to empty the bladder during urination
- * Difficulty in starting urination
- * Dribbling after urination
- * Blood in the urine and Reduced Sexual Performance
- * prosoe-pain



Complications that can result if BPH(Benign Prostatic Hyperplasia) is left untreated include:

- * Sudden inability to urinate, Urinary Tract Infections, Bladder stones, Blood in the urine and Bladder damage, Kidney Damage.
- * An alarming prevalence of prostate issues is on the increase among younger men in recent times. More alarming is the fact that these men ignore the early warning signs until the condition becomes an emergency.

What Will Shrink An Enlarged Prostate Naturally?:

- * It has been shown that supplements can slowly shrink the prostate in order to prevent it from pressing on the urethra. Supplements can shrink the prostate to about a quarter of its original size within months of treatment.
- * Supplements containing the following ingredients have been shown to improve prostate conditions for those struggling with prostate enlargement: Canola flower powder, silica and microcrystalline cellulose.

Warning: Not to be taken by pregnant women, breast-feeding mothers and children below 15 years. Keep out of reach of children. Store below 30°C

A07

B-clear

GHT

Package: 500mg*60s

Usage: 3 to 5 capsules once, 3 times daily

➤ Health Benefits

- ② Cleanses blood waste and treat syphilis and gonorrhea caused by visceral viruses.
- ② Effective against neisseria gonorrhoeae, staphylococcus aureus, genital herpes, syphilis and candida albicans, with average killing rate of 99.9%
- ② Effective for gynecological inflammation and urinary system inflammation.
- ② Improves skin health
- ② Effective for hemorrhoid
- ② Relieves vaginitis and genital itches
- ② Effective for recovering and healing of wounded tissue and burns.
- ② Natural anti-biotics, inhibiting and killing many kinds of germs and viruses.

Main ingredients

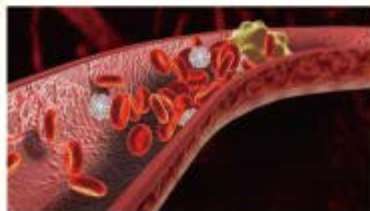
Radix et rhizoma rhei / Herba taraxaci / Pericarpium citri reticulatae / Cochinchina momordica / Radix angelica dahuricae / Radix trichosanthis / Flos lonicerae / Cortex phellodendri / Olibanum / Radix angelica sinensis / Radix paeoniae rubra / Radix glycyrrhizae / Periostrum serpentis / Siccus bufo / Scolopendra / Scorpio / Natril sulfas

B-Clear Capsule detoxify and cleanses the body system. It can be used for the treatment of constipation, abdominal pain, dysentery, jaundice, sore throat, swollen hemorrhoids, blood stasis, bruises, burns, reduces swelling and relieves pain.

- * Medicinal material dandelion, the herb has the effect of clearing away heat and detoxifying; eliminating phlegm and dispersing them. It can be used for the treatment of chyle; pulmonary sputum; intestinal fistula; sputum; scorpion venom sore; red eyes and swelling; cold fever; cough; sore throat; stomach fire; enteritis' dysentery; hepatitis; cholecystitis; urinary tract infection; snake bite.
- * B-Clear Capsule leads to the building up of the activity of the immune cells, increasing the output of antibodies, enhancing the immunity of human body.
- * B-Clear Capsule can be used to treat constipation, genital warts, clear heat and disperse, also inhibit the virus and enhance the body's disease resistance, and also help the healing of the burning surface. Because of unhealthy diets and many other reasons can cause people's blood to be unclear, which can lead to blood phosphorus and turbidity, etc. Patient will experience pain in the urethra, dry stool, acne, the skin will become reddish and swollen, and it will be very painful. At this point client can use B-clear capsule as remedy.
- * It becomes the most effective natural substance for anti-tumor, anti-virus and a strong antioxidants.

Warning

- Not recommended for pregnant women
- Keep product out of the reach of children
- Do not use with alcoholic drinks, cigarette, cold, spicy or oily food.



A08

Sto care

GHT

Package: 500mg*100s Usage: 3 capsules once, 3 times daily

➤ Health Benefits

- ⊙ Effective for neutralizing stomach acid
- ⊙ Relieves vomiting.
- ⊙ Relieves severe abdominal pain
- ⊙ Prevents bloating
- ⊙ Relieves heart burn
- ⊙ Indigestion
- ⊙ Effective for the treatment of stomach and duodenal ulcer.
- ⊙ Effective for acute and chronic gastritis.
- ⊙ It detoxifies and calms down the liver
- ⊙ It balances body PH level

Main ingredients

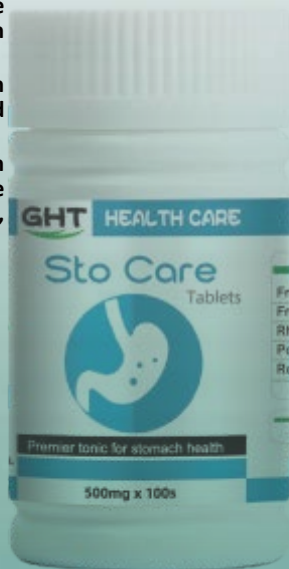
Fructus lycii / Fructus schisandrae / Rhizoma dioscoreae / Poria / Royal-jelly freezine-dry powder

Most people have a problem with their stomach at one time or another. You can relieve some stomach problems with Sto Care Tablet and lifestyle changes.

- * Sto Care tablet is an ancient Chinese herbal formula that restores and balances the stomach and liver health.
- * Sto Care can promote digestion and absorption, improve gastric motility, reduce bloating, strengthen stomach function and clean up stomach waste.
- * This product can be used to treat stomach acidity, stomach pain, bloating, stomach heavy feeling, indigestion and stomach ulcer.
- * Sto Care can be used gastric acid hyperacidity and stomach cramps caused by chronic gastritis. Gastric ulcer, erosive gastritis, hyperacidity, acute, chronic gastritis, gastrointestinal neurosis and duodenitis.

Warning

- Not recommended for pregnant women
- Keep product out of the reach of children
- Do not use with alcoholic drinks, cigarette, cold, spicy or oily food.



A09

Gensing & Royal Jelly

Package: 500mg*30s Usage: Take 2 softgels once ,3 times daily

Main ingredients

Royal Jelly extract / Panax Ginseng / Soybean Oil / Soy Lecithin / Gelatin

What is Ginseng?

Ginseng is one of the most popular herbal medicines in the world. Ginseng is often referred to as the King of all herbs, it is a plant tuber credited with various tonic and medicinal properties, and is found to be a promising agent to improve general well-being.

Ginseng Health Benefits

Ginseng has traditionally been used for a number of medical conditions.

➔ Build immunity.

Some studies have found that ginseng may boost your immune system.

➔ Regulate blood sugar.

Several studies in people have also shown that ginseng may lower blood sugar levels.

➔ Improve focus.

There's some early evidence that ginseng might give a small, short-term boost to concentration and learning. It can fight tiredness and increase energy levels.

Ginseng has also been reputed as an aphrodisiac, and is used to treat sexual dysfunction as well as to enhance sexual behavior in traditional Chinese medical practices.

What is Royal Jelly?

Along with honey and Propolis, bees produce royal jelly.

Royal Jelly is a milk like substance

secreted by bees that provides nutrition to developing larvae as well as the queen bee.

Royal jelly is comprised of water, carbs, protein and fat. The full chemical makeup of royal jelly is unknown, but its positive effects on health are thought to stem from its unique proteins and fatty acids. These include nine glycoproteins collectively known as major royal jelly proteins (MRJPs) and two fatty acids, trans-10-Hydroxy-2-decenoic acid and 10-Hydroxydecanoic acid. Royal jelly also contains several B vitamins and trace minerals. However, nutrient composition varies considerably between sources of royal jelly.

Some of the vitamins typically present in royal jelly include: B1, B2, B3, B5, B6, B9. These nutrients may provide some of royal jelly's potential health benefits.

What are the benefits of Royal Jelly?

Taking high quality bee Royal Jelly has been indicated to support your overall health and wellbeing through:

➔ Immune Support:

Royal Jelly can provide immune defence support giving you better resistance and ability to recover from illnesses. It also has a strong anti-inflammatory effects.

➔ Antioxidant Protection:

Naturally high in antioxidant activity, Royal Jelly can offer cellular health and body protection. This is important especially when the body is under stress.

➔ Enhances blood circulation

➔ It lowers high blood fat & blood sugar

➔ It helps maintain normal cardiac function

➔ It boosts memory

➔ It maintains existing normal cholesterol levels

➔ It promotes normal triglyceride levels.

Storage:

Keep away from strong sunlight. Store below 30°C. Keep out of the reach of children.

Warning:

Avoid this product if you are allergic to bee or bee products.

Not to be taken by pregnant women, breast-feeding mothers and child below 15 years.



A10 *Ganoderma Reishi 3 in 1*

Package: 500mg*30s Usage: Take 2 softgels once ,3 times daily



Main ingredients

Reishi Mushroom Spore powder / Reishi Mushroom extract / Reishi powder / Rice Starch

What is Ganoderma?

Ganoderma, an oriental fungus, has a long history of use for promoting health and longevity in China, Japan, and other Asian countries. It is a large, dark mushroom with a glossy exterior and a woody texture. The Latin word *lucidus* means “shiny” or “brilliant” and refers to the varnished appearance of the surface of the mushroom. In China, Ganoderma is called Reishi.

Eastern medicine makes use of many different plants and fungi. Interestingly, the Reishi is particularly popular.

In Chinese, the name Reishi represents a combination of spiritual potency and essence of

immortality, and is regarded as the “herb of spiritual potency,” symbolizing success, well-being, divine power, and longevity. Among cultivated mushrooms, Ganoderma is unique in that its pharmaceutical rather than nutritional value is paramount.

The specific applications and attributed health benefits of Reishi include control of blood glucose.

Benefits of Reishi .

➡ Boost the Immune System

One of the most important effects of the reishi mushroom is that it can boost your immune system. Test-tube studies have shown that reishi can affect the genes in white blood cells, which are critical parts of your immune system.

What's more, these studies have found that some forms of reishi may alter inflammation pathways in white blood cells. Research in cancer patients has shown that some of the molecules found in the mushroom can increase the activity of a type of white blood cell called natural killer cells. Natural killer cells fight infections and cancer in the body.

➡ Anti-Cancer Properties

Many people consume this fungus due to its potential cancer-fighting properties. Several test-tube studies have shown that it can lead to the death of cancer cells. Some research has investigated if reishi could be beneficial for prostate cancer due to its effects on the hormone testosterone.

Reishi mushroom has also been studied for its role in preventing or fighting colorectal cancer.

What's more, a detailed report of multiple studies indicated that the mushroom can be beneficially affect cancer patients.

These benefits included increasing the activity of the body's white blood cells, which help fight cancer, and improving quality of life in cancer patients.

➡ Could Fight Fatigue and Depression

➡ Could fight Virus

➡ Reduce Blood Sugar

➡ Supports respiratory

➡ Supports digestive system

Storage:

Keep away from strong sunlight Store below 30°C
Keep out of the reach of children.

Warning:

Avoid this product if you are allergic to bee or bee products.

Not to be taken by pregnant women, breast-feeding mothers and child below 15 years.



A11

Myco-Balance

GHT

Package: 500mg*30s

Usage: Take 2 softgels once ,3 times daily



Main ingredients

Flammulina velutipes / Cordyceps sinensis / Lentinula edodes / Astragalus membranaceus / Malpighia glabra

What is Myco-Balance?

Myco-Balance is a balanced mixture of Chinese herbs and mushroom based on the deep wisdom of traditional Chinese.

medicine. Its main task is to support Zheng Qi. Zheng Qi means vitality, life force or strong immunity. The opposite of Zheng Qi is Xie Qi. Those bad things, which are always trying to infiltrate our body.

Myco-Balance has two directions of action.

Firstly, it encourages the creation of Qi and blood, for example, it strengthens our organism, replenishes both energy and mass, which it needs for its proper functioning.

Secondly, according to Chinese medicine, it significantly stimulates Wei Qi (our defensive system), which is the enable to defend the organism better against external invaders and cleans it from the invaders, who have already invaded.

Benefits of Myco-Balance:

- ⇒ Contains antioxidants, which protect cells against damage.
- ⇒ Supports immune system.
- ⇒ Preventing colds and upper respiratory infection
- ⇒ Anti aging properties
- ⇒ Bone strength
- ⇒ Fight inflammation
- ⇒ Heart health.
- ⇒ It maintains normal blood sugar level
- ⇒ Can be used for reproductive problems because it promotes mobility of sperm.
- ⇒ Supports vitality and replenishes energy
- ⇒ It has Anti-Tumor Effects

Storage:

Keep away from strong sunlight Store below 30°C Keep out of the reach of children.

Warning:

Avoid this product if you are allergic to bee or bee products.

Not to be taken by pregnant women, breast-feeding mothers and children below 15 years.



A12

Vigor Max

GHT

Package: 500mg*30s

Usage: Take 2 softgels once ,2 times daily



Main ingredients

Epimedium extract / Cordyceps militaris / Broccoli sprouts / Extract of onion / Vaccinium angustifolium

What is Vigor Max?

Vigormax for Men has been designed to support male health, performance and energy. Vigormax for Men formulation contains a high quality herbal blend of five most effective exotic herbs and amino acid that works synergistically. All these herbs have been used for hundreds of years for male health.

In modern society, mental or physical stress has serious damage to human health. As stress lingers, it may lead to momentary suppression of immune function usually characterized by increased heart rate, a rise in blood pressure, muscular tension, irritability and depression.

Epimedium is an herb. The leaves are used to make medicine. It is also known as “yin yang huo” in Chinese medicine. Epimedium is used for weak back and knees, joint pain, osteoarthritis, mental and physical fatigue, memory loss, high blood pressure, heart disease, bronchitis, liver disease, a blood disorder called chronic leucopenia, viral infections of the heart, bone loss after menopause, weak bones (osteoporosis), and as a tonic.

Some men use Epimedium for sexual performance problems including erectile dysfunction (ED) and involuntary ejaculation. It is also used to arouse sexual desire.

How does it work?

Epimedium contains chemicals which might help increase blood flow and improve sexual function. It also contains phytoestrogens, chemicals that act somewhat like the female hormone estrogen, that might reduce bone loss in postmenopausal women.

Benefits of Vigor Max .

- ⇒ Boost sperm count
- ⇒ Improves sperm vitality
- ⇒ Male infertility
- ⇒ Supports vitality and vigor
- ⇒ Improves memory



Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Avoid this product if you are allergic to bee or bee products.

Not to be taken by pregnant women, breast-feeding mothers and children below 15 years.

A13

Hyperfree

GHT

Package: 250mg*60s

Usage: Take 1 tablet once, 3 times daily



Main ingredients

Wild chrysanthemum cream powder / Organic beet root powder / Flower of Chinese hibiscus/ Olive life extract

Benefits .

⇒ Support blood pressure

⇒ Support the blood circulatory system



What is Hyperfree?

Hyperfree tablet is a healthy blood pressure formula, loaded with naturally grown herbs and nutrients that can work together so that you can experience the complete freedom that comes with a healthy heart. It helps to maintain the proper circulation of blood around the body, by opening up constricted blood vessels which can lead to an increase in the normal pressure of blood flow.

With hyperfree tablet, you can reduce high blood pressure naturally without using toxic chemicals or artificial ingredients.

Decades of research shows that plants like beet root and Olive life extract can boost blood flow and improve blood vessel function to naturally lower blood.

Hyperfree tablet contains Wild chrysanthemum cream powder which help to lower blood pressure, cool the body, and reduce inflammation, all of which can help induce calmness. The powerful antioxidants and minerals present in the infusion can help your body better regulate itself and eliminate unnecessary stress hormones in the blood.

Hibiscus, a plant with colorful flowers, has been used for centuries for decorative and medicinal purposes. People have used it to make extracts, teas, and supplements. In traditional medicine, people use hibiscus preparations to treat ailments such as liver problems and high blood pressure. Today, a growing body of research supports these benefits.

Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Avoid this product if you are allergic to bee or bee products.

Not to be taken by pregnant women, breast-feeding mothers and children below 15 years.



Package: 250mg*30s

Usage: Take 2 capsules once, 3 times daily

Main ingredients

Radix rehmanniae / Fructus schisandrae chinensis / Radix Ophiopogonis / Cotex moutan / Radix astragali / Rhizoma coptidis ,etc

Benefits

- Helps maintain glucose level
- Regulates blood sugar
- Effective for diabetes Type 2



Rehmanniae radix preparata has antioxidant, antisenescence, anti-inflammatory, and neuroprotective properties. It is one of the most popular Traditional Chinese Medicinal Compound (TCM).

Fructus schisandrae chinensis has a long history of use in traditional Chinese medicine to treat coughs , liver conditions , stomach disorders , sweating , as an adaptogen , and as a tonic to improve vitality. It is also used in various formulas for fatigue and sleep.

Cotex moutan which is an active ingredient of Dialese, contains many valuable secondary metabolites, such as monoterpene glycosides and phenols. Ample evidence from pharmacological researches suggest that Cotex moutan has a wide spectrum of activities, such as antidiabetic, antioxidant, antitumor etc. The Cotex moutan showed significant in vitro anti-diabetic effects by inhibiting glucose uptake of intestinal brush border membrane vesicles and enhancing glucose uptake into Hs68 and 3T3 – LI cells.

Dialese Capsule maintains the glucose level of the blood by ensuring enough insulin is released by the pancreas to neutralize excess glucose .Maintaining normal levels of blood sugar is an essential part of preventing multiple health issues. Health issues related to imbalances in blood sugar ,including obesity and diabetes are fast growing burden for most people today.

Dialese Capsule contains Rhizoma coptidis, an active ingredient rich in alkaloids and anti- oxidants which helps confer protection on vital human organs like pancreas, thus giving the organ an efficient ability to secrete insulin which regulate glucose levels in the human blood.

Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Not recommended for pregnant women & breast feeding mothers

Not recommended for children below 18 years

Do not use it with alcohol, cigarette and spicy or oily foods



A15

Fat Burner

GHT

Package: 300mg*20s

Usage: Take 2 capsules once, 2 - 3 times daily

Main ingredients

Garcinia cambogia fruit extract / Safflower oil / Phaseolus vulgaris extract / Green tea extract / Raspberry ketone / L-Theanine



What is Fat Burner?

Fat burner is a Traditional Chinese Medicine that contains Garcinia cambogia fruit extract which clocks your body's ability to make fat. The active ingredient in the fruit rind, hydroxycitric acid appears to block an enzyme called citrate lyase, which your body uses to make fat. It also raises levels of the brain chemical serotonin which may make you feel less hungry.

The linolenic and linoleic acids in safflower which is one of the ingredients of fat burner, helps prevent hardening of the arteries, lower cholesterol, and reduce the risk of heart disease. Safflower contains chemical that may thin the blood to prevent clots, widen blood vessels, lower blood pressure and stimulate the heart.

Fat Burner increases body cell metabolism which breaks fat into its metabolites. It inhibits synthesis of fat from sugar and converts sugar into glycogen. This combination suppresses the appetite and provides nourishment to the body.

Excess fats accumulation in the body can trigger production of pro-inflammatory immune cells like macrophages which are activated within fat tissues and circulates in the blood stream and can damage our body tissues / organs. Fat burner helps to strengthen the immune defense system against diseases by burning excess fat in the body.

Benefits

- ⇒ *Suitable for men and women*
- ⇒ *Get rid of excess fat*
- ⇒ *Increase metabolism*
- ⇒ *Energy boost*
- ⇒ *Appetite control*
- ⇒ *Helps to reduce weight*
- ⇒ *Lower harmful cholesterol*



Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Not recommended for pregnant women & breast feeding mothers

Not recommended for children below 18 years

Do not use it with alcohol, cigarette and spicy or oily foods



Package: 250mg*36s Usage: Two tablets once, 3 times daily

Main ingredients

Calculus bovis / Realgar plant extracts / Gypsum fibrosum / Rhei radix et Rhizoma / Baikal Skullcap root / Ballon flower / Borneol

What is Probio Form?

Probio Form Tablet is a popular and widely used herbal supplement that is useful in the health of the inner ear, mouth, teeth, throat, and salivary glands, and the gastrointestinal and respiratory systems. This natural supplement may assist with tonsillitis, toothaches, high fevers that are aggravated by constipation, and may be useful in treating fever, including fevers due to measles, mumps and tonsillitis.

Calculus bovis has been long used in China to treat various diseases, including high fever, convulsion and stroke. Gypsum fibrosum have a renoprotective effect and could be a useful remedy for chronic renal(kidney) failure. Rhei radix et Rhizoma is a commonly used Chinese medicinal herb with unique functions. Rhei has long been used for the treatment of cholestatic hepatitis and gastrointestinal diseases. Baikal skullcap is a Chinese herbal medicine used for the treatment of inflammation, allergies, dermatitis, hyperlipidemia, and atherosclerosis. Ballon flower exhibits neuroprotective, anti-microbial, anti-inflammatory, improved insulin resistance and cholesterol lowering properties.

Benefits

- ☞ Fever
- ☞ Cold
- ☞ Cough
- ☞ Inflamed /sore throat and gums
- ☞ Ear ache
- ☞ Tooth ache
- ☞ Oral ulcers
- ☞ Boil of the lips and the tongue
- ☞ Sinus headaches and congestion
- ☞ Headache
- ☞ Hard stool.
- ☞ Alleviates internal heat
- ☞ Soothes toxic heat in the liver, heart and stomach
- ☞ Clears congestion due to damp heat

Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Not to be taken by pregnant women, breast-feeding mothers. children below 15 years.

Do not use it with alcohol, cigarette and spicy or oily food

Use with care for the elderly and those with loose stools.



Package: 360mg*48s

Usage: 4 tablets once, 3 times daily

Main ingredients*Bupleuri radix, Artemisia capillaris, isatis indigotica extract, schisandra chinensis and mung bean***Why do we need Livities?**

We need Livities to prevent liver damages caused by certain diseases and environmental factors such as industrial and chemical pollution. The liver need to be taken good care of due to its significant role in the body system.

Key Facts

*The liver filters all of the blood in the body and breaks down poisonous substances, such as alcohol and drugs.

*The liver also produces bile, a fluid that helps digest fats and removes waste.

*The liver is the largest solid organ in the body. It removes toxins from the blood supply, maintains healthy blood sugar level, regulates blood circulation.

Any deviation from normal functions of liver changes one's feeling from depression, dizziness and loss of memory and chest distress, fatigue and loss of appetite. GHT Livities is a Traditional Chinese Medicine which is effective for liver Nourishment, detoxifying and protecting the liver for liver cell Rejuvenation and supporting healthy liver function.

- ☆ **Radix Bupleuri** has been used widely for the treatments of influenza, fever, inflammation, malaria, menstrual disorders, and hepatitis in China, Japan, Korea, and other Asian countries
- ☆ **Mung beans** Are high in nutrients and antioxidants, which may provide health benefits. In fact, they may protect against heart stroke, aid digestive health, promote weight loss and lower "bad" LDL cholesterol, blood pressure and blood sugar level.
- ☆ **Isatis indigotica** (I. indigotica) is an herbaceous plant belonging to Cruciferae family. Its leaf (IIL) and root (IIR) are commonly used in traditional Chinese medicines (TCMs) with good clinical efficacies such as clearing away heat and detoxification, cooling blood and reducing swelling
- ☆ **Artemisia capillaris Thunb.** (A. capillaris, Yin-Chen in Chinese) is a traditional medicinal herb with a wide spectrum of pharmacological properties ranging from effects against liver dysfunction to treatments of severe cirrhosis and cancer.
- ☆ **Schisandra chinensis** (Turcz.) Baill. (SCE) is a plant whose fruits have a long-standing use in traditional Chinese medicine. They have been used in the treatment of diseases of the gastrointestinal (GI) tract, respiratory failure, cardiovascular diseases, body fatigue and weakness, excessive sweating, and insomnia

Benefits

- Used for acute and chronic hepatitis.
- It detoxify and protect the liver for liver cell rejuvenation.
- Effective for accelerating liver function recovery.
- Lowering enzymes, turbidity and regulating immune function.
- Improving metabolic disorder.
- Supports liver health.
- Treating alcoholic liver and fatty liver.

Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Not to be taken by pregnant women, breast-feeding mothers, children below 15 years.

Do not use it with alcohol, cigarette and spicy or oily food.

This product is for treatment, administration should be strictly to the dosage.

Taking it simultaneously with other drugs may cause drug interaction. Consult a physician or pharmacist for details or visit the nearest hospital for advice.

B02

Multivitamin CIZ

Package: 1200mg*30s (B02)

Usage

Chew the chewable tablet before you swallow it.

Chew 1 tablet once, 2 times daily.



Multivitamins are used to provide vitamins that are not taken in through the diet. Multivitamins are also used to treat vitamin deficiencies. lack of vitamins could be caused by illness, pregnancy, poor nutrition, digestive disorders, and many other conditions.

B02

Calcium Iron Zinc

Main ingredients and Functions

- * Vitamin B1, thiamin, or thiamine, enables the body to use carbohydrates as energy. It is essential for glucose metabolism, and it plays a key role in nerve, muscle, and heart function. Vitamin B1 is a water-soluble vitamin, as are all vitamins of the B complex.
- * Vitamin B2 helps break down proteins, fats and carbohydrates. It plays a vital role in maintaining the body's energy supply. Riboflavin helps convert carbohydrates into adenosine triphosphate (ATP). The human body produces ATP from food and ATP produces energy as the body requires it.
- * Vitamin B6 helps the body make the hormones serotonin (which regulates mood) and norepinephrine (which helps your body cope with stress). vitamin B6 also helps the body make melatonin, which is important in helping to regulate your internal clock and your sleep.
- * Vitamin C is needed for the growth and repair of tissues in all parts of your body. It is used to form an important protein used to make skin, tendons, ligaments and blood vessels. Heal wounds and form scar tissue.
- * Calcium: The body needs calcium to maintain strong bones and to carry out many important functions. Almost all calcium is stored in bones and teeth, where it supports their structure and hardness. The body also needs calcium for muscles to move and for nerves to carry messages between the brain and every body part.
- * Zinc is a nutrient that people need to stay healthy. Zinc is found in cells throughout the body. It helps the immune system fight off invading bacteria and viruses. The body also needs zinc to make proteins and DNA, the genetic material in all cells.
- * Iron is a mineral that the body needs for growth and development. Your body uses iron to make hemoglobin, a protein in red blood cells that carries oxygen from the lungs to all parts of the body, and myoglobin a protein that provides oxygen to muscles. Your body also needs iron to make some hormones.
- * Selenium is a nutrient that the body needs to stay healthy. Selenium is important for reproduction, thyroid gland function, DNA production, and protecting the body from damage caused by free radicals and from infection.

Warning

- Keep away from sunlight, Store below 30°C, Keep out of the reach of children.
- Not to be taken by children below 4 years.

B03

Hi Calcium

Package: 1000mg*60s

Usage: Take 2-3 softgels once ,Once daily

- **Effective for building strong bones and teeth, blood clotting, nerve impulse, transmission, regulating heartbeat and fluid balance within cells.**
- **It stabilizes blood pressure and it contributes to normal brain function.**
- **It plays a role in muscle movement and cardiovascular function.**
- **Effective for oocyte activation.**
- **Help prevent osteoporosis, and reduce the incidence of bone diseases.**
- **Essential for children growth and development and prevent child maldevelopment.**

Main ingredients and Functions

Calcium and vitamin D are essential for building strong, dense bones when you are young and for keeping them strong and healthy as you age.

- ★ The body needs calcium to maintain strong bones and to carry out many important functions. Almost all calcium is stored in bones and teeth, where it supports their structure and hardness. The body also needs calcium for muscles to move and for nerves to carry messages between the brain and every body part GHT Hi Calcium Softgel mixed with adequate Vitamin D to promote calcium absorption.
- ★ What is Vitamin D and What does it do?
- ★ Vitamin D plays an important role in protecting your bones, by helping your body absorb calcium and by supporting muscles needed to avoid falls. Children need vitamin D to build strong bones, and adults need it to keep their bones strong and healthy. If you don't get enough vitamin D, you're more likely to break bones as you age
- ★ What is Calcium and What does it do?
- ★ A calcium-rich diet (including dairy, nuts, leafy greens and fish) helps to build and protect your bones.
- ★ Calcium is a mineral that is necessary for life. In addition to building bones and keeping them healthy, calcium enables our blood to clot, our muscles to contract, and our heart to beat. About 99% of the calcium in our bodies is in our bones and teeth.
- ★ Every day, we lose calcium through our skin, nails, hair, sweat, urine and feces. Our bodies cannot produce its own calcium. That is why it's important to get enough calcium from the food we eat. When we do not get the calcium our body needs, it is taken from our bones. This is fine once in a while, but if it happens too often, bones get weak and easier to break.
- ★ Calcium and Cell Regeneration
- ★ Calcium is another micronutrient, specifically a mineral that is found in dairy products and helps to preserve a healthy skin glow. This nutrient is stored in the epidermis, the outermost layer of the skin, and regulates sebum production to keep skin hydrated and eczema.
- ★ The recommended upper limit for calcium is 2,500 mg a day for adults 19 to 50. For those 51 and older, the limit is 2,000 mg a day.

Warning

- Keep product out of the reach of children. Not to be taken by children below 4 years.
- Do not use with alcoholic drinks ,cigarette, cold, spicy or oily food
- This product can't replace medicine.

B04

Garlic Oil

Package: 500mg*60s

Usage: Take 2-3 softgels once ,Once daily



Garlic has been part of the kitchens for centuries. This herb has curative and medicinal properties because of its antibacterial and antiseptic nature. The beneficial properties of garlic are because of a compound, Allicin. It is rich in minerals like phosphorus, zinc, potassium, and magnesium. Vitamins C, K, Folate, niacin and thiamine also are found abundantly in garlic.

Main ingredients

Garlic oil / Soybean oil / Gelatin / Purified water / glycerin

Health Benefits

- Prevents Peptic Ulcer
- Reduces infections on wounds, promotes hair growth, bone health and liver health.
- Garlic Contains Antioxidants. That May Help Prevent Alzheimer's Disease and Dementia
- It also helps prevent kidney infections.
- Effective for Cough and Cold infections
- Reduces cholesterol level ,reduces the incidence of blood clots and lower blood pressure
- Improves Digestion, clear out intestinal worms, destroys the bad bacteria and protects the good bacteria in the gut.
- Balances Blood Sugar
- Boosts Immunity
- Help Detoxify Heavy Metals in the Body
- Improves Skin Health



Warning

- Keep away from sunlight, Store below 30°C, Keep out of the reach of children.
- Not to be taken by children below 4 years.
- Do not use with alcoholic drinks ,cigarette, cold, spicy or oily food
- This product can't replace medicine.

[Learn more...](#)

1. Wards Off Cough and Cold

Garlic oil has the potential to ward off cough and cold infections. Taking garlic oil softgels on an empty stomach has the maximum benefit.

2. Good for Cardiac Health

Allicin, a compound found in garlic stops the oxidizing of LDL (bad cholesterol). This reduces cholesterol levels and improves heart health. Regular consumption of garlic reduces the incidence of blood clots and thus helps prevent thromboembolism. Garlic also lowers the blood pressure so is good for patient with hypertension.

3. Improves Brain Functioning

Garlic oil promotes brain health because of its antioxidant and anti-inflammatory properties. It is effective against neurodegenerative diseases like Alzheimer's and dementia.

4. Improves Digestion

Digestive problems improve with the garlic oil in the diet. It benefits the intestines and reduces inflammation. It helps to clear out intestinal worms. The good thing is that it destroys the bad bacteria and protects the good bacteria in the gut.

5. Balances Blood Sugar

Those who suffer from diabetes observe their blood sugar levels regulating on the consumption of garlic oil.

6. Boosts Immunity

It protects against free radicals and prevents damage to the DNA. Zinc in garlic promotes immunity. Vitamin C helps to fight off infections. It is very beneficial against eye and ear infections as it has antimicrobial properties.

7. Improves Skin Health

It helps prevent acne and lightens acne scars. Cold sores, psoriasis, rashes, and blisters can all benefit from the application of garlic juice. It also protects against UV rays and therefore prevents ageing.

8. Prevents Peptic Ulcer

The antibacterial action of garlic prevents peptic ulcers as it eliminates the contagion from the gut.

9. Good for Weight Loss

Garlic reduces the expression of genes responsible for the formation of adipose cells which store fat. It also increases thermogenesis in the body and leads to burning of more fat and lowering of LDL (bad cholesterol).

10. Fights UTI and Improves Renal Health

Garlic oil has the potential to reduce the growth of E. Coli bacteria that cause urinary tract infection (UTI). It also helps prevent kidney infections.

Garlic reduces infections on wounds, promotes hair growth, bone health and liver health.

B05

OMEGA-3 DEEP SEA FISH OIL*Package: 500mg*60s**Usage: Take 1-2 softgels once ,Once daily . Preferably with a meal.***Supports heart, joints and brain health****Nutritional information**

Fish oil is extracted from oily fish like herring, tuna, anchovies, and mackerel. It contains omega-3 fatty acids, which has many health benefits.

About 30% Trusted Source of fish oil is omega-3, along with vitamins A and D. Fish oil has better health benefits than plant-based sources of omega-3.

Main ingredients**EPA, DHA, Walnut oil, Flaxseed oil, Purified water, Gelatin, Glycerin**

The two main types of omega-3 in fish oil are eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). It's important to get enough omega-3 because the Western diet often replaces Trusted Source with other fats, leading to potential health issues.

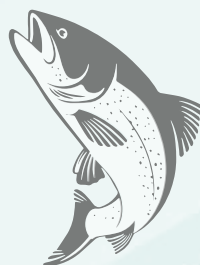
GHT OMEGA-3 Deep Sea Fish oil is one of the most commonly consumed dietary supplements. It's rich in omega-3 fatty acids, which are very important for your health. If you don't eat a lot of fish, taking GHT Fish Oil supplement could help you get enough omega-3 fatty acids.

Benefits

- ⇒ Improves heart health
- ⇒ Support brain function.
- ⇒ Support eye health.
- ⇒ Effective for weight management.
- ⇒ Improves and enhances immune system.
- ⇒ Has been shown to manage arthritis symptoms.
- ⇒ Helps lower blood pressure.
- ⇒ Helps reduce inflammation in the body.
- ⇒ Reduces anxiety and depression risk.
- ⇒ It helps slow bone density and muscle loss.
- ⇒ Improves healthy skin and hair.
- ⇒ Assist people with Autism Spectrum Disorder.

Warning

- Store in a cool dry place, at room temperature.
- Do not use if safety seal is broken.
- Keep out of reach of children.
- Children below 10 years should not take it.
- You should not take it if you are allergic to this product.
- Pregnant women or nursing mothers should consult their doctor before use.





*Package: 200mg*60s*

10 years and above, take 2 to 3 capsules once daily with warm water.

5-10 years, take 1 capsule once daily with warm water.

It is not appropriate for children below 5 years.

used as zinc supplement in zinc deficiency stage ;
supports reproductive health

Main ingredients

*Zinc lactate 5mg , anhydrous glucose 142mg, Egg protein powder 50mg,
Talc 2mg , Magnesium stearate 1mg.*

WHAT IS ZINC?

Zinc is an essential mineral that plays a crucial role in many physiological processes within the body. It is involved in over 300 enzymatic reactions and functions as a co-factor for various enzymes.

Zinc is important for immune function, as it helps regulate the activity and production of immune cells. It is also involved in DNA synthesis, protein synthesis, and wound healing. Zinc supports normal growth and development, and it is particularly important during periods of rapid growth, such as childhood and pregnancy. Additionally, zinc is important for maintaining healthy skin, hair, and nails.

Deficiency of zinc can lead to impaired immune function, decreased sexual performance and poor appetite, immune decline, poor vision, memory loss, growth retardation, delayed wound healing, hair loss, and skin problems.

If you're looking for a natural way to boost your immunity and support your overall health, GHT ZINC+ Capsules is an excellent choice.

Benefits

- ⇒ Supports immune system function.
- ⇒ Promotes wound healing.
- ⇒ Essential for proper growth and development.
- ⇒ Supports healthy skin, hair, and nails.
- ⇒ Assists in DNA synthesis and cell division.
- ⇒ Helps in maintaining a healthy sense of taste and smell.
- ⇒ Supports reproductive health in both men and women (sexual enhancement, protecting the prostate, maintaining normal spermatogenesis in men).
- ⇒ Contributes to normal cognitive function.
- ⇒ It helps in reducing the duration and severity of the common cold.
- ⇒ Acts as an antioxidant, protecting cells from damage.

Storage:

Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

Not to be taken by pregnant women, breast-feeding mothers. children below 5 years.
Do not use it with alcohol, cigarette and spicy or oily food.



Nourishes and boosts Immune system Supports overall health

Package: 16g x 10 sachets

Usage

1-2 times daily.

Simple dissolve contents of sachet into 180 ml hot water stir and serve hot. Or serve with ice for cold drink

GHT Reishi coffee is made from a combination of instant coffee, ginseng extract and reishi extract for nourishes and boosts Immune system supports overall health . this delicious and heathy reishi coffee is sugar free.

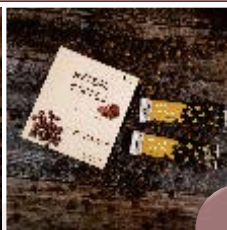
Instant coffee offers health benefits including enhance brain function, boost metabolism , reduce disease risk diabetes and improve liver health.

Ginseng extract boost energy, lower blood sugar and cholesterol levels, reduce stress, promote relaxation, treat diabetes, and manage sexual dysfunction in men.

Reishi extract is known for 6 common benefits, which are boosting immunity, fighting cancer, fatigue and depression, promoting heart health, controlling blood sugar and boosting antioxidants.

⇒ Health Benefits

- ⇒ 1.A variety of amino acids, alkaloids, vitamins and so on in Reishi can repose and strengthen physical strength.
- ⇒ 2.When taken regularly, ginseng extract can help lower blood sugar.
- ⇒ 3.When taken regularly, Reishi extract can effectively improve immunity.
- ⇒ 4.Reishi extract can help fight fatigue and depression.
- ⇒ 5.Contains antioxidants that may reduce inflammation .



Warning

- Store in a cool dry place at room temprature. Avoid of sun light

P01

Skin Care Soap

GHT



Package: 85g x 3pcs

Usage:

It can be used for clean face,
hair and cloth.

Use the soap not less than 20 seconds
for getting better result.



Skin care soap is a type of body wash that has numerous health benefits. These benefits ranges from treating skin disorders to simply cleaning your body efficiently. Understanding the benefits of GHT Skin Care Soap is important in determining if using it is the best choice for you.

Health Benefits

- ★ prevents the growth of microorganism on the skin that may cause infection and also kill bacteria
- ★ prevent acne on the skin. Acne is a skin condition that occurs when your hair follicles become plugged with oil and dead skin cells. It causes whiteheads, blackheads or pimples. Acne is most common among teenagers, though it affects people of all ages
- ★ Effective for treatment of Scabies; a skin infestation caused by a mite known as the *Sarcoptes scabiei*. Untreated, these microscopic mites can live on your skin for months. They reproduce on the surface of your skin and then burrow into it and lay eggs. This causes an itchy pimple, red rash to form on the skin.
- ★ It naturally nourishes your skin.
- ★ Skin care soap, with its drying abilities, can help reduce the redness and clear up rosacea bumps that flare up on your skin.
- ★ It removes body odour.



Warning

- Not to be taken by children below 5 years,
- Keep out of reach of children. Store below 30°C

30



Main ingredients

Water, Polyethylene glycol-8 Sorbitol, Aqua, Hydrated Silica, Glycerin, Sodium lauryl sulfate, Cellulose gum Tetrasodium pyrophosphate, Flavor,, Sodium saccharin, Tranexamic acid Scutellaria baicalensis exact Parfum, mentol, Aloe Baebadensis leaf juice, Aloe vere Extract, Mint

What are Cavities?

Cavities are permanently damaged areas in the hard surface of your teeth that develop into tiny openings or holes. Cavities, also called tooth decay or caries, are caused by a combination of factors, including bacteria in your mouth, frequent snacking, sipping sugary drinks and not cleaning your teeth well.

Scutellaria baicalensis

Scutellaria baicalensis is an herb used in traditional Chinese medicine to treat infections it have various pharmacological functions, including antibacterial and antiviral, antioxidant.

GHT EVER FRESH PROVIDES

1. Flourine-free decay resistance: The white tea essence prevents decay and improves dental root conditions.
2. Deep cleansing: the antiseptic and soft silicon abrasives give you a clean mouth with white teeth and fresh breath.
3. Gum strengthening: strontium chloride and composite aloe extract protect you against teeth sensitivity (cold, heat, acidity, and sweetness).

Benefits

- Effective for treating tooth pain, weak gum, bad breath and tooth decay
- Anti-bacterial
- Relieves toothache
- Prevents cavities
- Removes stains from teeth
- It contains triclosan, an antibacterial and antifungal agent
- It is flourine-free and decay-resistant ingredients
- Gum strengthening



- Direction: Brush your teeth properly for the best results
- Storage: Store in a cool, dry place. Avoid direct sunlight.
- Caution: Do not swallow, when used by children under 6, Adult supervision is required.



Multifunctional

Deep cleansing,
Brightening,
Exfoliating,
Purifying & Smoothing the Skin.

Main ingredients Package: 100ml

Deionized water, Cabo 940, Kathone, Fs-8, C040, Tetradecyl trimethyl ammonium chloride

GHT gentle exfoliation gel is the best product for purifying, smoothing, brightening & exfoliating. It can gently penetrate into pores, purify skin, clear up dirt from pores, soften and gently remove aged cuticle and excessive oil, at the same time it can enhance the aqueous states and transparency of skin, leaving skin moisturized, delicate, smooth and translucent as milk.

Usage

- ✓ Apply to clean skin (dry or wet)
- ✓ Gently massage with your fingertips.
- ✓ Rinse thoroughly with warm water.
- ✓ Oily/Combination skin: twice a week.
- ✓ Normal skin: once a week.
- ✓ Dry skin: once every ten days.



Storage: Store in a cool, dry place. Avoid direct sunlight. Keep out of reach of children.

Warning:

- Avoid direct contact with eyes.
- Discontinue use if signs of irritation appear.
- Avoid this product on acne-prone or sensitive skin.

Exfoliates and smoothen the skin – 48H DRY SKIN RELIEF



Package: 200ml

Usage: Gently massage the lotion into your skin until it is completely absorbed. For better result, apply 2 to 3 times daily.

GHT Jasmine repair body lotion contains UREA + SOD5% UREALOTION. When the skin has a stable barrier function, it protects us from external irritants and is able to maintain its optimal level of hydration. But when that barrier is impaired, skin can lose moisture, looks, and feels dry as a

Jasmine Repair 5% Urea Lotion gives very dry or rough skin the daily care it needs. It contains a unique combination of ingredients – Urea, Ceramide and other Natural Moisturizing Factors (SOD) – which bind moisture in and repair skin's natural protective barrier to prevent further moisture loss. The formula deliver immediate relief and intense, long-lasting moisturisation for up to 48 hours. Skin is intensely moisturised, looks, feels smooth and subtle again.

Urea works on dry skin to penetrate the outer layers of skin and provide moisture to the deeper layers of skin. At the same time, it's exfoliating properties work to get rid of dead skin cells and demasque the skin.

Shea butter is a great natural product for skin care. Easily absorbed and helps to protect the skin from the drying effects of wind and sun. A shea butter body scrub is a wonderful way to remove dead skin cells, leaving your skin feeling soft and silky smooth.

What Do Ceramides Do Ceramides are essentially the glue that holds our skin cells together to keep our skin barrier intact and healthy. A healthy skin barrier helps seal in moisture and seal out harmful element.

Jasmine extract good for skin Jasmine extract has antiseptic properties that are beneficial in treating skin infections. According to research, jasmine extract also has anti-inflammatory properties and can be useful in general skin care and the treatment of psoriasis

Benefits

- 1. long-lasting moisturisation for up to 48 hours.
- 2. Jasmine repair helps in removing dead skin cells, leaving your skin feeling soft and silky smooth.
- 3. helps soften dry, rough or thick skin as a result of eczema, psoriasis or other skin conditions.
- 4. helping to prevent moisture from escaping the skin. It also contains antioxidants and has anti-inflammatory
- 5. This lotion works best if you apply it to your skin while your skin is damp, like after a bath or shower.



Storage: Store in a cool, dry place. Avoid direct sunlight. Keep out of reach of children.

Warning:

- Avoid direct contact with eyes. Discontinue use if signs of irritation appear.
- Avoid this product on acne-prone or sensitive skin.

P06

Spabucta Spray



Package: 30ml

Usage

**External use, spray on the uncomfortable area,
1-3 sprays each time, 2-3 times a day or as needed.**

Main ingredients

Spatholobus suberectus, Dunn Butea suberecta, Radix Sophorae Flavescentis, FructuKochiae Scopariae, DivaricateSaposhnikovii aRoot, Pseudolaricis Cortex, Cnidium monnieri L.Cuss. , Carthamus tinctorius L., Ste monae Radix, Menthol, and chlorhexidine acetate.

GHT Spabucta Spray is a specialized solution designed to provide relief and support for individuals dealing with tenosynovitis and inflammation of the tendon sheaths in the hands, feet, and joints.

GHT Spabucta Spray contains powerful and proven ingredients that have been used to effectively relieve joint pains, numbness, swelling, and other discomfort in the hands, feet, and other parts of the body.

It also has antibacterial effects on Staphylococcus aureus, Candida albicans, Escherichia coli, etc.

Spatholobus suberectus: It has long been used to treat blood disorders, such as anemia, as well as rheumatoid diseases.

FructuKochiae Scopariae: it is used for treatment of skin diseases, rheumatoid arthritis, and jaundice cortex pseudolaricis Cortex Pseudolaricis has Anti-Puritic and insecticidal, and use for treatment of, neurodermatitis, eczema,

Ste monae Radix has been used as an antitussive agent and insecticide. The sophora flavescentis radix ste monae Chinese herb liquor has the functions of achieving sterilization, relieving itching, achieving detoxification and eliminating dampness and is used for having a definite effect on seborrheic dermatitis, pityriasis simplex, skin itch and other symptoms.

➤ Health Benefits

- It is used for local skin antibacterial cleaning, refreshing and comfortable.
- It has antibacterial effects on Staphylococcus aureus, Candida albicans, Escherichia coli, etc.
- It relieves joint and body pains.

Storage:

Sealed, Keep away from sunlight, Store below 30°C, Keep out of the reach of children.

Warning:

It is forbidden for those who are allergic to this product;
It is forbidden to use this product when its properties change;
Children and pregnant women are prohibited from using it.



P07

Feminine Wash

Package: 100ml

Usage

For external use. Shake well before use, press the cap button to extract the foamy content, and wash the vulva with foam. No need to clean after use.

Promotes overall vaginal health

Main ingredients

Mcntholum, Borneoum Syntheticum, Radix Sophorae Flavescentis, Myrrha, Stigma Croci, Curcuma Rhioxma, Chlhexidine Acetate (0.10-0.30%)

GHT feminine wash extra comfort is a product designed specifically for cleansing the external vaginal area. It helps to maintain the natural PH balance of the vagina, preventing the growth of harmful bacteria. It has antibacterial effect on staphylococcus aureus, candida albicans, escherichia coli, etc.

It also helps to reduce odor, discomfort, and irritation, promoting overall vaginal health and reduces the risk of infections like yeast infections or urinary tract infections.

The product helps in enabling every woman to experience natural cleanliness and comfort in their most intimate part. The wash contains lactic acid which maintains the acid balance of the vaginal. It also contains pleasant and mild fragrance to keep you refreshed all day, flaunting that natural fragrance from the inside out.

➤ Health Benefits

- Maintains pH balance
- Prevents bad odour
- Reduces the risk of infections
- Helps soothe irritation
- Cleanses without drying the skin
- Provides a sense of freshness and cleanliness
- Removes excess sweat and bacteria
- Helps prevent itching and discomfort
- Suitable for postpartum or after menstruation hygiene
- Promotes overall vaginal health

Storage:

Store in a cool dry place, at room temperature. Keep out of reach of children

Warning:

This product is suitable for adult women. It is prohibited for pregnant women, menstruating women and those allergic to this product. This product is for external use only. Do not take it orally.

T01

Constifree Tea

GHT



Usage : Soak 1 or 2 bags in 250ml cup of boiled water for 5 minutes drink 2 or 3 times daily



T01

Package:
4g x 30 bags

◎ Health Benefits

- ⇒ It cleanses the colon and gastro-intestinal tract
- ⇒ It detoxifies and calms the body system
- ⇒ It eases stomach and intestinal peristalsis
- ⇒ It helps loose weight and lowers blood fat
- ⇒ It treats constipation
- ⇒ It is antibacterial and anti-inflammatory
- ⇒ Improves bowel movement.
- ⇒ Nourishes the skin

Main ingredients

Folium sennae / Radix angelica sinensis / Herba cistanches

Constifree Tea (Senna leaf tea) is a kind of traditional Chinese medicine herbal tea, which has obvious weight control effect. It can accelerate the metabolism of human toxins and prevent constipation. Constifree Tea has many effects.

Constifree Tea has obvious diarrhea effect, it can accelerate the gastrointestinal motility in the human body, and can promote the excretion of toxins and food residues in the human body. Usually, people drink this kind of tea, which can speed up the body metabolism and slim down, it can eliminate the symptoms of human obesity as soon as possible.

Constifree Tea can also be laxative. It contains senna glucoside, which is a medicinal ingredient that stimulates the human intestines, shortens the time of defecation, and accelerates the discharge of toxins in the human intestine. Constipation occurs, and those who have already had constipation can relieve or disappear the symptoms of constipation after drinking some Constifree tea.

Constifree Tea has a certain nourishing effect on human skin. It contains plant essential oils and tannins, which can accelerate the regeneration and metabolism of human skin cells after being absorbed by the human body. It can also increase the activity of skin cells and improves human skin. Slip and delicate, in addition to the senna tea soup after brewing to clean the skin, but also anti-inflammatory sterilization pain relief itching, people can use Constifree Tea to treat when skin inflammation or snoring occurs.

Studies have found that alcohol can be extracted from senna leaves, which has inhibitory effects on a variety of bacteria, especially typhoid bacillus, diphtheria and staphylococcus.



Storage: Keep away from strong sunlight. Store below 30°C, Keep out of the reach of children.

Warning: Not to be taken by pregnant women, breast-feeding mothers and children below 10 years.

Package: 4g x 20 bags

Usage : Soak 1 or 2 bags in 250ml cup of boiled water for 5 minutes, drink 3 to 4 times daily



◎ Health Benefits

- Improves digestion of food
- It clears internal heat and calms the body
- It lowers hypertension
- Promotes sleep
- Soothes body pain
- Maintains cholesterol level
- Improves the functioning of the eyes



Main ingredients

Semen cassiae /Chrysanthemum/Honeysuckle flower/Pericarpium citri reticulatae/Cape jasmine/Lycium/Radix glycyrrhiza/Barley/Bulbus Lili/Chinese yam

What is GHT I Detox Tea for ?

A liver tea is a tea that flush out toxins from the body, help you lose weight, or improve your health. You want to do everything you can to take an active role in your health. But if you think you need a liver detox, you should know that there is not much it can do for you. Your liver is one of the largest organs in your body and it performs over 500 jobs, over 20 of them are vital functions. It helps remove waste and handles various nutrients and medicines.

Our bodies deal with toxin exposure every day – petrol, diesel and gas fumes, perfumes, chemicals, cigarette smoke, processed foods. These compounds contain destructive free radicals which damage our bodies and cause health problems. Our liver works hard for us every day and I believe that we owe it some care – and GHT I LIVER DETOX HERBAL TEA is a really supportive way to do this without the harsh side effects of a full-on detox.

Some signs that the liver is struggling are: feeling tired and sluggish, irritated skin, abdominal swelling, excessive bruising or bleeding, elevated cholesterol levels, slightly yellow skin and the “whites” of the eyes, and brain fog. You might feel a heaviness or discomfort on the right side of the body, where the liver sits just under the ribs. If this is you, then Liver Detox Tea is for you.

Combined with 10 very effective traditional herbs GHT I DETOX TEA is produced to take care of your liver. It is purely natural and safe .



Storage:

Keep from strong sunlight
Store below 30°C C Keep out of the reach of children.

Warning:

Not to be taken by pregnant women, breast-feeding mothers and children below 10 years.

What is foot massage?

Foot massage has been around for hundreds of years, and spans many cultures. It has frequently been used to improve health and relax the body. These days, most forms of foot massage borrow elements from a variety of disciplines, such as shiatsu and reflexology. These traditions operate on the belief that applying pressure to the more than 7,000 nerves in the foot can release energetic blockages in the rest of the body. Foot massage and reflexology can be used as pain relief, to help alleviate stress and even to speed up injury recovery.

- ★ Traditionally, foot massages are performed using the hands, although treatments may sometimes include the use of sticks or rollers to more effectively stimulate the reflex areas in the foot.
- ★ Whether you are giving yourself a foot rub, or enjoying a treatment from a reflexology practitioner, a foot massage can be a rewarding complimentary massage treatment that positively impacts your entire body.

Health Benefits

There are many potential benefits to foot massage, including:

- A sense of balance and well-being
- A foot massage can help to relax the whole body, helping you to sleep better, and leaving you with a rejuvenated energy to bring to your day.
- Massaging the extremities helps for the better circulation of blood in feet and calves and also around the body, promoting cell repair and growth.
- For relieving pain in calves, ankle and foot sole
- For stimulating natural blood flow to the feet
- For foot reflexology: your feet have got acupressure points for whole body
- For general healthcare
- A drop in cortisol



People with these underlisted health challenges are advised to use GHT Blood Circulation Machine

- Weight control
- Stroke
- Backpain
- Lower blood pressure
- Headaches
- Splenic and gastric disease
- Kidney disease
- Liver dysfunction
- Sexual function
- Chronical diarrhea
- Paralysis
- Constipation



Warning: Pregnant women and children below 15 years should not use it.



M071

GHT VIP Chair

GHT



Why You Must Consider GHT VIP Massage Chairs

1. Massage Chairs: You use small money to enjoy big reward, high-powered chair massager, more fashion, more flexible and more convenient.
2. Perfect combinations between kneading massage balls and air massage, gives you a fantastic feast.

Kneading massage balls inside the neck position with vibration massage.

There is air massage in the seat and the calf position. It adjust separately the angle of backrest and footrest to suit the different figures with adjustment level. It gives you a total body massage.e, eight kneading massage rollers inside the back.

- It helps improve and adjust your posture, relax muscles and aid those with little or no curve in the lumbar spine to achieve better posture.
- It enhances pneumatic massage from the hip joint and buttocks to the inner thigh muscles, in order to stimulate nerves and promote blood circulation, lowering blood pressure.
- Air bags follow the shape of the calves to apply pressure in a consistent rhythm. This helps promote blood flow in the lower body for a complete circulation to the heart.
- Relief from pain due to musculoskeletal injuries and other causes.
- Relieves tension and headaches.
- Stimulates the immune system, which lead to healthy living
- Reduces blood pressure and heart rate. Stimulate the dilation of blood vessels to help create an elimination of impurities and toxins in your blood, tissue and organs. Meanwhile, when the blood vessels are dilated the blood pressure also can be reduced.



Warning:

Pregnant women and children below 15 years should not use it.

S/N	Illness	Symptoms	Products
1	Abscess	Collections of pus in an area where the tissue have broken down	B-clear Ganoderma reishi
2	Acarpia	Barrenness, sterility- (WOMEN)	Longzit & Female Care
3	Acarpia	Barrenness, sterility- (MEN)	Longzit & Vigor max
4	Acne	Pus filled pimple on the face, back and chest caused by inflammation of oil glands of the skin.	Constifree tea Ganoderma reishi Skin care soap
5	Adenoids	Inflammation of the adenoid gland(a tonsil-like growth in the small lymph nodes in the back of the nasal passage where it joins the throat)	B-clear Myco-balance
6	Aging and Longevity	Multidimensional process of physical, psychological and social change.	Longzit Multivitamin CIZ Myco-balance
7	Alcoholism	Poisoning with alcohol, causing unhealthy conditons chiefly in the nervous and digestive system caused by habitual use of alcohol in poisonous amounts	B-clear Livities Ganoderma reishi Reishi Coffee OMEGA-3 Deep Sea Fish Oil
8	Allergic dermatitis	Body reaction to one or more specific substances. Usually protein. Rash or cold-like symptoms may result.	B-clear Ganoderma reishi Skin care soap
9	Allergic Rhinitis	Condition characterized by inflammation Rhintitis catarrh watery discharge from the eyes, daily cold in the head. Headaches,asthmatic symptoms, caused by air born pollen of some rasses or trees during dry season.	B-clear Garlic oil softgel Ganoderma reishi Reishi Coffee
10	Amoeba	A one celled animal such as a protozoa that moves by hanging shapes and flowing along, Amebic dysentary for an example is caused by these types of organisms.	B-clear Ganoderma reishi
11	Angina	Heart disease, in which the patient suffers pectorisfrom suffocating contractions in the chest and pains radiating left arm due to insufficient blood supply to the heart. This can cause stroke.	Caerite Ginseng & royal jelly OMEGA-3 Deep Sea Fish Oil
12	Anuria	Failure of kidney function causing scanty.	Longzit B-clear Myco-balance
13	Anxiety	Restlessness feeling of apprehension, the source of which is not recognized, anquish.	Longzit Constifree Tea Ginseng & Royal Jelly
14	Appendicitis	Inflamed appendix inflammation of the small and large intestines.	B-clear Ganoderma reishi
15	Arteriosclerosis	Degeneration and hardening of arteries a condition in which the walls of the arteries, capillaries of veinsdaily thickens and lose elasticity characterized by hypertension, fatigues, digestive disturbances etc.	Caerite Ginseng & Royal Jelly
16	Atherosclerosis	Disease of the bronchial tubes which lead substances called cholesterol in the system characterized by hypertension.	Caerite Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
17	Arthritis	Inflammation or pains and seelling in the joints, especially knee joints.	Panicept Longzit Hi Calcium Spabucta Spray OMEGA-3 Deep Sea Fish Oil
18	Asthma	Disease of the bronchial tubes which lead from the wind pipe or trachea into lungs causing panting, shortness of breach almost suffocating.	B-clear Ganoderma reishi OMEGA-3 Deep Sea Fish Oil
19	Athlete's foot	Fungal infection between the toes characterized by cracks, redness, itching, scores, pains and disabilities.	Longzit B-clear Spabucta Spray Ganoderma reishi

S/N	Illness	Symptoms	Products
20	Back ache	Severe pains in the backbones, waist of back region that makes one unable to sit, bend or stand upright.	Panicept Longzit Ganoderma reishi Probio form Spabucta Spray Zinc Capsule
21	Bacteremia	Presence of bacteria in the blood, causing blood poisoning.	B-clear Garlic Oil Softgel Ganoderma reishi
22	Barber's itch	Bumps, fungal infections of the bearded portions in the face and neck causing burning and itching.	B-clear Ganoderma reishi Myco-balance
23	Bleedding gums	Inflammation of gums.	B-clear Probio form Garlic Oil Softgel Ganoderma reishi Zinc Capsule
24	Blisters	Collections of fluid in the skin causing a raised area.	B-clear & Ganoderma Zinc Capsule
25	Blocked fallopian tube	The blockage of one or both fallopian tubes connecting the ovaries and uterus characterized by failure in conception.	B-clear Female care Ganoderma reishi Myco-balance Feminine Wash
26	Blood Infection	Presence of bacteria in the blood.	B-clear Garlic Oil Softgel Ganoderma reishi Zinc Capsule
27	Pustule	Round, tender, pus-filled ,raised area on the skin caused by bacteria infection usually.	B-clear Myco-balance Ganoderma reishi Skin care soap
28	Breathing difficulty	Inability to breathe normally and painlessly shortness of breath. Also called dyspnea.	Caerite Ginseng & Royal Jelly
29	Bronchitis	Swelling causing severe coughing and sneezing thus affecting the larynx and the vocal cords making voice.	Caerite B-clear Ginseng & Royal Jelly
30	Bunion	Swelling at the first joint of the great toe. This is very painful.	B-clear Panicept Spabucta Spray Ganoderma reishi Zinc Capsule
31	Bums	The effect of undue exposure to heat,chemical or electricity.	B-clear Ganoderma reishi
32	Cancer	Malignant tumor. Uncontrolled growth of cells which are usually larger and move like embryonic cells than the normal cells. The affected tissue spreading fast to destroy the whole system.	B-clear Garlic Oil Softgel Myco-balance Zinc Capsule
33	Cardiovascular diseases	Problems in the heart and blood vessels characterized by feeling of hotness and warmth in excess.	Caerite Ginseng & Royal Jelly Zinc Capsule
34	Catarrh	Inflammation in the nose or other mucous membranes accompanied by a great deal of mucus.	B-clear Ganoderma reishi
35	Chicken pox	Mild contagious infections disease marked by fever and eruption vesicles on the skin and mucous membrane.	B-clear Ganoderma reishi Myco-balance
36	Cholera	An epidermic disease, often fatal,spread through polluted water. The syptoms are vomiting, diarrhea,thirst, cramps and tendency to collapse.	B-clear Ganoderma reishi
37	Chronic fatigue	Very weak and dull. Exhausted with low appetite.	Longzit & B-clear Garlic Oil Softgel Myco-balance Zinc Capsule
38	Cirrhosis (Liver disease)	Chronic inflammation of the liver, the disease is marked by degeneration of the liver cells and thickening of the surrounding tissues.	B-clear Sto care Garlic Oil Softgel I • detox tea Zinc Capsule OMEGA-3 Deep Sea Fish Oil

S/N	Illness	Symptoms	Products
39	Climacteric	Menopause and its associated problems.	Longzit
40	Cold sore	Fever blisters (sore on the lips, sometimes appears when the patient has fever)	B-clear Probio form Garlic Oil Softgel
41	Colitis	Inflammation of the colon	B-clear Constifree Tea Ganoderma reishi
42	Conjunctivitis (Pink eye)	Inflammation of the conjunctiva.	B-clear Ganoderma reishi
43	Constipation	Condition in which the bowels move less often than usual and with difficulty characterized by headache and feverish conditions.	Constifree Tea OMEGA-3 Deep Sea Fish Oil
44	Corns	Area of thickened skin on the toes. They are usually caused by the pressure of ill-fitting shoes.	B-clear Ganoderma reishi Myco-balance
45	Coronary thrombosis	Formation of blood clot in coronary artery. Interfering with the blood supply to the heart muscle. This can cause heart failure.	Caerite Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
46	Cystitis	Inflammation of the bladder.	B-clear Ganoderma reishi Myco-balance
47	Cyst benign	The formation of fatty substances in any area of the body that is not harmful.	B-clear Ganoderma reishi
48	Debility (general)	General weakness of the body.	Longzit Ganoderma reishi Zinc Capsule
49	Dehydration	Loss or removal of water from the body characterized by weakness, thirst and pain in the joints.	Longzit B-clear Spabucta Spray Ganoderma reishi OMEGA-3 Deep Sea Fish Oil
50	Dementia (Mental blockage)	Deterioration of mind, especially with respect to reasoning, will power and mind.	Caerite Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
51	Depression	A mental state of being in low spirit characterized by dejection, dullness, lack of hope and absence of cheerfulness.	Longzit Garlic Oil Softgel Myco-balance
52	Dematitis	Problem of skin. Skin may be covered by troublesome rash and painful itchy.	Constifree Tea Garlic Oil Softgel Gentle Exfoliating Gel Skin care soap
53	Diabetes Type 2	A disease in which sugar is not adequately utilized by the body owing to lack of insulin from the pancreas characterized by weakness due to the lack of energy supply.	Dialese Longzit Myco-balance Zinc Capsule
54	Diarrhea	Passing frequently and watery stools. Characterized by weakness, aches and pale looking.	B-clear Probio form Myco-balance OMEGA-3 Deep Sea Fish Oil
55	Digestive problem	Enzymes failure to break down food in the mouth, stomach and intestines so as to be absorbed by the body characterized by vomiting, constipation or diarrhea and feverishness.	Constifree Tea Sto care Probio form
56	Dry skin	Insufficient production of body fat by the sebaceous gland can cause wrinkles.	Constifree Tea Jasmine Body Lotion Skin care soap
57	Dysmenorrhea	Painful menstruation (monthly flow of blood associated with pains)	Longzit Female Care Sanitary Pad Myco-balance Ganoderma reishi

S/N	Illness	Symptoms	Products
58	Ear infecion	Inflamation, aches ,pain in the ear.	Probio form B-clear Ganoderma reishi
59	Eczema	Itching and formation of scales on the skin.	B-clear Gentle Exfoliating Gel Ganoderma reishi Skin care soap
60	Edema (Hydrops)	Swelling caused by collection in tissues of fluid which has escaped from the blood capillaries.	B-clear Garlic Oil Softgel Mycobalance
61	Elephantiasis	Disease caused by presence of parastic worm in the lymphatic system. It results in enlargements of parts of the body especially legs.	B-clear Mycobalance Ganoderma reishi
62	Embolism (Arterial blockage)	Obstrucion of blood vessel by a blood clot, air bubbles ,fat glouble or bacterial.	B-clear Caerite Ganoderma reishi
63	Epigastritis	Inflamation of organs pertaining to the region over the stomach.	Sto care
64	Skin bacterial infection	A severe infectious disease in which the skin becomes swollen and inflame. It is caused by a streptococcal.	B-clear Skin care soap
65	Fatigue	Exhausted, tired ,dull, loss of appetite.	B-clear Longzit Garlic Oil Softgel
66	Female Infertility	Barrenness inability to conceive in the course of normal sexual relation. Inability to produce offspring.	Longzit Female Care B-clear Ganoderma reishi Feminine Wash
67	Fibroid	Tumor in muscular wall of uterus which may grow more and form a polypoid fibroid.	Female Care B-clear Ganoderma reishi Mycobalance Garlic Oil Softgel
68	Flatulence (Stomach gas)	Having or producing a large amount of gas in the stomach or intestines. Characterized by constipation for long time.	Sto care Constifree Tea
69	Flu, cough	Inflamation of the respiratory tract. Catarrhal infection, fever, sore throat,chills,sweats, achess, cough etc.	B-clear Multivitamin CIZ Hi Calcium Probio form
70	Freckles	Brown spots on the skin especially in a fair skin.	Constifree Tea Gentle Exfoliating Gel Jasmine Body Lotion
71	Frigidity	Lack of sexual pleasure.	Women: Longzit Men: Reodeo
72	Gastritis	Inflamation of the stomach.	Sto care
73	German measles	Acute,contagious disease caused by viruse. It produced red rashed which last a couple of days.	B-clear Ganoderma reishi
74	Gingivitis	Inflamation of gums. Same as bleeding gum.	B-clear Ganoderma reishi Everfresh
75	Goiter	Enlargement of the thyroid gland which appears as a swelling on the front of the neck.	B-clear Ganoderma reishi
76	Gonorrhea (clap)	A specific contagious catarrhal inflammation of the genital mucous membrane of either sex, caused by gonococcus (neisseria)	B-clear Garlic Oil Softgel Mycobalance Ganoderma reishi Feminine Wash
77	Gout	A metabolic disease marked by acute arthritis and inflammation of the great toe of the joint. This is very painful.	B-clear Panicept Ganoderma Spabucta Spray OMEGA-3 Deep Sea Fish Oil

S/N	Illness	Symptoms	Products
78	Halitosis	An offensive odour coming out of the mouth or nostrils of the individual concerned (offensive breath)	Constifree Tea Everfresh
79	Headache	continuous pain in the head is a nuisance, a diffuse pain in different portions of the head and not confined to any nerves distribution area, it may be front, temporal or occipital, confined to one side of the eye, the character of pain may vary, may be dull ache, acute almost unbearable pain	Longzit Probio form Reishi Coffee OMEGA-3 Deep Sea Fish Oil
80	Health maintenance	Living with normal condition of the body.	Longzit Multivitamin OMEGA-3 Deep Sea Fish Oil
81	Heart burn	Burning sensation in the esophagus or below the breast bone especially in women.	Sto care OMEGA-3 Deep Sea Fish Oil
82	Heart failure	Weakening of the heart so that it can not pump blood sufficient for normal circulation, this is deadly.	Caerite Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
83	Heart palpitation	Weakening of the heart so that it can not pump blood sufficient for normal circulation, this is deadly.	Caerite Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
84	Hemorrhoid (piles)	Pile, enlargement of the veins of the anal region causing pains,bleeding and constipation.	Constifree tea Ganoderma reishi OMEGA-3 Deep Sea Fish Oil
85	Hematuria	Presence of blood in urine.	B-clear Constifree tea
86	Hepatitis	Inflammation of the liver, infectious hepatitis is a viral disease of the liver producing jaundice,nausea and vomiting.	B-clear Sto care I • detox tea Livities Myco-balance Ganoderma reishi Zinc Capsule
87	Herpes simplex (A,B)	A virus disease of the skin, blister like eruptions. A: herpes simplex: blister like sores on the edge of the lips, the nostrils, or the genitals ,caused by a virus. B: herpes zoster: group of small blister following the body accompanied by a burning sensation and neuralgic pain caused by virus.	Livities B-clear Garlic Oil Softgel Myco-balance Ganoderma reishi Zinc Capsule
88	Hormone imbalance	The irregularities in the glandular secretion carried in blood stream to the organs which it regulates.	Longzit Zinc Capsule
89	Hot flashes	Severe pain in the middle of the head characterized by sweating,associated with menopause.	Longzit OMEGA-3 Deep Sea Fish Oil
90	Hypotension / Hypertension	Blood pressure below or over normal.	Hyperfree Longzit Caerite B-clear Ginseng & Royal Jelly Ganoderma reishi OMEGA-3 Deep Sea Fish Oil
91	Inflamed intestines	Inflamed intestines causing stagnation of feces in little distended sacs of the colon.	Constifree Tea Garlic Oil Softgel
92	Laryngitis	This is an inflammation of the larynx or voice box affecting the voice and breathing symptoms include hoarseness or loss of the voice, sometimes with fever or sore throat.	B-clear Ganoderma reishi Probio form
93	Leg cramps	Muscle contraction causing pain in the calf of the leg or in other muscles.	B-clear Hi Calcium Spabucta Spray Ganoderma reishi
94	Liver problem	Liver disease.	Sto care B-clear Garlic Oil Softgel Myco-balance I • detox tea Livities Zinc Capsule
95	Lupus erythematosus (LE)	A chronic and usually fatal disease. skin rash is always present. The erythema spreading across the bridge of (nose and face is a butterfly pattern. The cause is unknown, incidence highest in female between puberty and menopause.	B-clear Garlic Oil Softgel Myco-balance Ganoderma reishi
96	Malnutrition	Undernourishment or inadequate nutritional intake,characterized by weakness,skinny look or anemia.	Multivitamin CIZ OMEGA-3 Deep Sea Fish Oil
97	Measles sore	Sore from the skin eruptions that follows an attack of measles.	B-clear Ganoderma reishi
98	Mental block	The mind not containing things. Lack of assimilation or state of forget-fulness sub intelligence	Caerite Garlic Oil Softgel

S/N	Illness	Symptoms	Products
99	Multiple sclerosis (MS)	(1)The hardening of more than one organ or tissue or due to excessive growth of fibrous tissue (2)the hardening with nervous system especially the brain and spinal cord resulting from degeneration of nervous elements.Sysptoms are numerous e.g.Scanning, speech(not expected to the age)at the time of trembling.	B-clear Mycobalance Zinc Capsule
100	Mumps (Epidemic parotitis)	Acute, contagious, febrile(feverish) disease characterized by inflammation to the parotid glands and other salivary gland, the onset is gradual symptom include:chillness,headache,pain below ear, moderate fever though some-times higher followed by swelling of parotid gland. It has a doughy feeling movement of the jaw are painful and restricted.	B-clear Ganoderma reishi Probio form
101	Myocardial infarction	Connecting the myocardium(muscle cardiac heart) development of an infarct(lack of blood) in the myocardium characterized by pain similar to that angina pectoris, shock, heart attack and frequent sudden death(cardiac failure)	Caerite B-clear Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
102	Myocarditis (myocardial inflammation)	Inflammation of heart muscular tissue,associated with a number of infections nephritis(kidney inflammation)carbon monoxide poisoning characterized by apex beat, extremely weak, irregular weak pulse	Caerite B-clear Longzit Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
103	Muscle cramps	Sudden and painful tightening of the muscles usually caused by cold,overwork of inflexibility of the muscles.	Panicept Longzit Hi calcium Spabucta Spray OMEGA-3 Deep Sea Fish Oil
104	Muscular dystrophy	Wasting away due to lack of nutrition of any part of the body(lipodystrophy progressive wasting of the muscles)	Multivitamin CIZ Zinc Capsule
105	Nails withlow	Inflammation at the end of a finger or toe. This may be deep seated involving bone or parts of nail. This contains pus as a boil	B-clear Ganoderma reishi
106	Nausea & vomiting	State of feeling sick at the stomach and throwing up matter from the stomach through the mouth.	Constifree Tea Sto care Probio form
107	Nervous depression	A mental state ,characterized by chronic change of mood ,an extended lowering of the spirit, a loss of enjoyment of things and activities they have usually made life enjoyable.A dull,tire,empty,sad even numb feeling.	Caerite Ginseng & Royal Jelly OMEGA-3 Deep Sea Fish Oil
108	Nephritis	A chronic disease of the kidney	B-clear Ganoderma reishi longzit
109	Obesity (Over weight)	Medically refers to as exogenous. An abnormal amount of fat in the body, due to over eating	Fat Burner Constifree Tea
110	Osteoporosis (bones)	Increased porosity of bone getting bad .Characterized by softening of bones due to calcium and vitamin deficiency. The bones become more flexible and brittle and cause pain due to lack of calcium in the body.	Panicept Longzit Hi calcium Spabucta Spray OMEGA-3 Deep Sea Fish Oil
111	Parkinson disease	A chronic nervous disease,characterized by a fine,slowly spreading tremor muscular weakness, rigidity and a peculiar gait. This disease always begins in a hand or foot which may spread till it involves all body.	Caerite B-clear Ginseng & Royal Jelly
112	Phlebitis	Inflammation of a vein characterized by pain and tenderness along course of vein,discolouration of skin.Inflammatory swelling and acute edema below obstructure rapid pulse,rigors high temperature,dry bone tongue and pains in joints.	Panicept Longzit Hi calcium Ginseng & Royal Jelly Spabucta Spray
113	Pneumonia	An infection of one or both lungs which is usually caused by bacteria,viruses and fungi.Sign like fever,cough often producing mucus from the lungs .Mucus may be rusty or green or tinged with blood .Chest wall pain is often made worse by coughing .	Ginseng & Royal Jelly B-clear Probio form

S/N	Illness	Symptoms	Products
114	Polyp	A nodular tumor growing from mucous tissues, such as the linings of the nose, bladder, stomach, intestine or uterus. Polyp bleed easily	B-clear Ganoderma reishi Myco-balance Zinc Capsule
115	Pre-menstrual syndrome (pms)	General upset (pains, cramps, feverish condition) before the commencement of the menstruation	Longzit Female care Feminine Wash
116	Prostatitis	Inflamed condition of the prostate gland (participant in sperm production in men) may be an infection or a complication of gonorrheal infection, characterized by: discomfort and pain in perineal area. Frequent urination. Later retention of urination. It serves, rise in temperature, constipation, thirst, rigor, vomiting & furred tongue. If chronic full aching pain in perineal region. Discharge from the penis.	Prostbeta Longzit Vigor max
117	Psoriasis	A chronic inflammation skin disease of many varieties characterized by formation of scaly red patches on the body, this is very itchy.	B-clear Garlic Oil Softgel Ganoderma reishi Skin care soap
118	Rheumatic fever	A systematic febrile (feverish) disease. Inflammatory and non suppurative (nopus) in nature variable in severity and duration. It is frequently followed by serious heart disease. Characterized by preceding streptococcal respiratory infection, fever, migratory polyarthritis pain upon motion, abdominal pain, cardiac involvement (heart problem).	B-clear Constifree Tea Ganoderma reishi Probio form OMEGA-3 Deep Sea Fish Oil
119	Scarlet fever	An acute contagious disease characterized by sore throat, fever, punctiform scarlet rash and rapid pulse. Patient must rest well and must be separated.	B-clear Constifree Tea Probio form
120	Sinusitis	Inflammation of sinus (the cavity or hollow space particularly those in the bones of the nose) specially the maxillary sinus. Characterized by acute catarrh, fever, chills, cough, headache etc.	B-clear Ganoderma reishi
121	Skin blemish	Changes or wrinkles in the skin due to age scars and skin deformation.	Constifree Tea Gentle Exfoliating Gel Skin care soap
122	Sore (Ulcerated)	Sore being chronic and seemingly incurable	B-clear Ganoderma reishi
123	Spastic colon Irritable bowel Syndrome Mucous colitis	A form of paralysis in part of the large intestine extending from the rectum is continuously contracted causing rigidity of movable parts.	Constifree Tea
124	Spines & disc (pain & aches)	Backache of waist pains.	Longzit Panicept Spabucta Spray OMEGA-3 Deep Sea Fish Oil
125	Staphylococcus	Pathogenic (bacteria) usually found in clusters. Bacteria of this type causes boils and pus-forming infections of wound. Spoils the blood.	B-clear Garlic Oil Softgel Ganoderma reishi Myco-balance
126	Stomach ulcer	An open sore in the stomach.	Sto care Garlic oil softgel
127	Stress	Strain or force exerted on the body characterized by tiredness and dullness.	Longzit Vigor Max Reishi Coffee
128	Stroke (thrombosis in the leg)	A sudden attack of paralysis either half part or total body and formation of blood clot that can block vessel.	Longzit Ginseng & Royal Jelly
129	Scabies/ Welts	Scabies is a very itchy skin condition caused by tiny mites that burrow into your skin.	B-clear Garlic Oil Softgel Ganoderma reishi Jasmine Body Lotion Skin care soap

S/N	Illness	Symptoms	Products
130	Tetanus (Lockjaw)	An infections,acute disease due to toxin (of clostridium tetani in which there is a state of more or less persistent,painful tonic spasm (contraction)of some of the volunta muscle.)This may begin gradually or may be sudden,may be brief or may last some weeks .The first sign is stiff ness of jaws and esophageal muscles and some of the face contract (producing a wild ,excited expression,a compound of bitter laughter and crying.	B-clear Garlic Oil Softgel Ganoderma reishi
131	Tonsillitis	The inflammation of one or both (pair)of lymphoid tissue one on each side of the mouth ,characterized by difficulty in swallowing saliva or other liquids.	B-clear Garlic Oil Softgel Ganoderma reishi
132	Tuberculosis (T.B.Bacillus)	An infectious disease (caused by the tubercle it most commonly affects the respiratory system and other parts of the body such as the gastro-intestinal and genito-urinary tracts,bones,joints,nervous system,lymph nodes.Skin may become affected.	B-clear Ganoderma reishi Probio form Zinc Capsule OMEGA-3 Deep Sea Fish Oil
133	Uric acid	One of the waste products of metabolism found in blood and urine.	B-clear Ganoderma reishi Sto care Zinc Capsule
134	Vaginitis	Inflammation of the vagina causing discomfort.	B-clear Female Care Ganoderma reishi Feminine Wash
135	Varicose Vein	An unnaturally swollen or enlarged vein especially in the legs	B-clear Ganoderma reishi
136	Veneral disease	A sexually transmitted disease e.g.:Gonorrhea,syphilis,etc AIDS	B-clear Ganoderma reishi Mycobalance Feminine Wash
137	Vertigo (Lightheadedness)	Dizziness or giddiness,feeling as if everything were turning round ,as if unable to balance,mentally confused,feeling that one can not stand firm ,as if one want to fall.	Longzit Mycobalance Reishi Coffee Zinc Capsule
138	Wart (Verruca)	A small overgrowth on the skin.	B-clear Mycobalance
139	Weak (erection)	Failure to achieve full erection during sexual act.	Reodeo Reishi Coffee
140	Whitlow (Felon)	Suppurative inflammation (pus-filled) at the end of a finger or toe .This is very painful.	B-clear Ganoderma reishi Zinc Capsule
141	Wound (ulcerated)	Break in the continuity of soft parts from violence or trauma of tissues,these have kept long on one's body and have become chronic and seem to be incurable.	B-clear Ganoderma reishi Probio form
142	Wrinkles (Furrow Crease)	Small fold or line in the skin (especially of kind,produced by age)	Constifree Tea Jasmine Body Lotion
143	Yeast infection	Same as vaginitis.feeling of the heat and burning in vagina and vulva feeling of aching and sense of weight in perineum,characterized by frequent desire to urinate ,pain and throbbing in pelvic region of abdomen .Much discharge of whitish mucus from the vaginal (leukorrhea).	B-clear Ganoderma reishi Female Care Feminine Wash

THE PERFECT COMPENSATION PLAN



Distributor : Any person who is introduced by a sponsor to GHT, purchases a GHT Enrollment Package and submits a completed application for international distributorship to the Company, becomes a GHT international distributor after authorization by the company.

Sponsor: A distributor who introduces another individual to the business opportunity as a distributor, also referred to as an upline.

Direct Downline: The distributors sponsored by you directly.

Indirect Downline: The distributors as a whole, excluding your direct downline(s) in your downline network.

Direct Network: The distributor's network generated through the sponsoring by any one of your direct down lines (the network also include this direct downline)

Point Value (PV) : This is the value the Company assigns to each product and is used to calculate the distributors' status and level and also to calculate the distributors' bonus. (The PV value in business manual will be adjusted accordingly. It can not be seen as a fixed figure.)

Personal Point Value (PPV): The total PV of the products purchased directly from the Company by a distributor with his/her own GHT identification (ID) number in a specific month. **(It is compulsory for GHT Star 5 distributors and above)**

Cumulative Point Value (CPV) : Total PV generated by a distributor's network.

Retail Profit: The margin between the price at which a distributor purchases the products (distributor price) and the price at which these products are sold (retail price).

Generational Bonus: The bonus a distributor received on his/her downlines in a specific month.

Placement Bonus: Recommend a member, get 10% of the member's first consumption which should be 200 PV.

Royalty Bonus: This is the bonus you earn from your downlines' Generational Bonus which varies by percentage from generation to generation in a specific month.

Reorder Bonus: It is paid after the first 200 PV. Note: for you to be paid, you need to reorder till is 200PV cumulatively or once-off purchase.

Global Share: Total bonus earned by the honor titled distributors who share up to 6.5% of the global profit of the Company.

Awards: The prize company will compensate a distributor when he /she reach a certain level in GHT business automatically. **(The amount of Naira received is subject to the date of registration)**

One Star Consultant

1

Qualifications:

Purchase a GHT Enrollment Package

Benefits:

Retail profit

Two Star Consultant

2

Qualifications:

Make a once-off purchase not less than 100 PV or cumulative purchase not less than 100 PV.

Benefits:

Retail profit

Three Star Consultant

3

Qualifications:

Option 1 Make a cumulative purchase of the products not less than 200 PV.

Option 2 Make a once – off purchase of products not less than 200 PV.

Benefits:

Retail profit

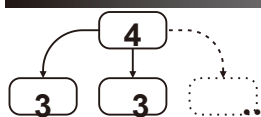
Placement bonus

Generational bonus

Royalty bonus

Reorder bonus

Four Star Consultant



1000 CPV

Qualifications:

Among the whole direct networks, there are at least two networks which contain one Three Star Consultant in each network and which the CPV of the total network is at 1,000 CPV or more.

Benefits:

Retail profit

Placement bonus

Generational bonus

Royalty bonus

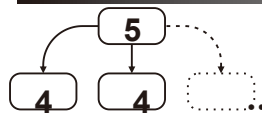
Reorder bonus

Awards:

Incentive-20 PV



Five Star Consultant



3800 CPV

Qualifications:

Among the whole direct networks, there are at least two networks which contain one Four Star Consultant in each network and which the CPV of the total network is at 3,800 CPV

Benefits:

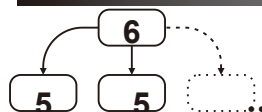
Retail profit Placement bonus Generational bonus
Royalty bonus Reorder bonus

Awards:

Incentive - 100 PV

Responsibility: 20PPV

Six Star Consultant



26000 CPV

Qualifications:

Among the whole direct networks, there are at least two networks which contain one Star Five Consultant in each network, which the CPV of the total network is at 26,000 CPV or more.

Benefits:

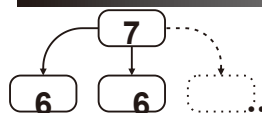
Retail profit Placement bonus Generational bonus
Royalty bonus Reorder bonus

Awards:

Cash award - 1000 PV

Responsibility: 40PPV

Seven Star Consultant



113000 CPV

Qualifications:

Among the whole direct networks, there are at least two networks which contain one Six Star Consultant in each network, which the CPV of the total network is at 113,000 CPV or more.

Benefits:

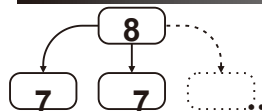
Retail profit Placement bonus Generational bonus
Royalty bonus Reorder bonus

Awards:

International travel - 3000 PV

Responsibility: 60PPV

Eight Star Consultant



450000 CPV

Qualifications:

Among the whole direct networks, there are at least two networks, which contain one Seven Star Consultant in each network, which the CPV of the total network is at 450,000 CPV or

Benefits:

Retail profit Placement bonus Generational bonus
Royalty bonus Reorder bonus Global share

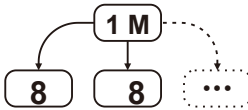
Awards:

Car award - 13000 PV

Scholarship award

Responsibility: 80PPV

One Star Manager



800000 CPV

Qualifications:

Among the whole direct networks, there are at least two networks, which contain one Eight Star Consultant in each network, which the CPV of the total network is at 800,000 CPV or more.

Benefits:

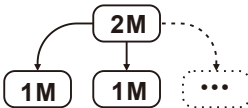
Retail profit	Placement bonus	Generational bonus
Royalty bonus	Reorder bonus	Global share

Awards:

Car award - 17000 PV	Scholarship award
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Responsibility: 100PPV

Two Star Manager



Qualifications:

Among the whole direct networks, there are at least two networks, which contain one One Star Manager in each network.

Benefits:

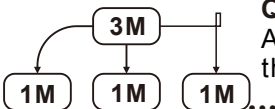
Retail profit	Placement bonus	Generational bonus
Royalty bonus	Reorder bonus	Global share

Awards:

Car award - 22000 PV	H.M.O
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Responsibility: 200PPV

Three Star Manager



Qualifications:

Among the whole direct networks, there are at least three networks, which contain one One Star Manager

Benefits:

Retail profit	Placement bonus	Generational bonus
Royalty bonus	Reorder bonus	Global share

Awards:

Car award - 30000 PV	H.M.O
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Responsibility: 200PPV



One Star Director

Qualifications:

Among the whole direct networks, there are at least four networks, which contain one One Star Manager each network.

Benefits:

Retail profit	Placement bonus	Generational bonus	Royalty bonus
Reorder bonus	Global share	Villa award-50000 PV / H.M.O/ Life Assurance	

Responsibility: 200PPV

Two Star Director

Qualifications:

Among the whole direct networks, there are at least five networks, which contain one One Star Manager in each network.

Benefits:

Retail profit	Placement bonus	Generational bonus	Royalty bonus
Reorder bonus	Global share	Villa award-80000 PV / H.M.O/ Life Assurance	

Responsibility: 200PPV

Three Star Director

Qualifications:

Among the whole direct networks, there are at least six networks, which contain one One Star Manager in each network.

Benefits:

Retail profit	Placement bonus	Generational bonus	Royalty bonus
Reorder bonus	Global share	Villa award-120000 PV / H.M.O/ Life Assurance	

Responsibility: 200PPV

Four Star Director

Qualifications:

Among the whole direct networks, there are at least seven networks, which contain one One Star Manager in each network.

Benefits:

Retail profit	Placement bonus	Generational bonus	Royalty bonus
Reorder bonus	Global share	Villa award-200000 PV / H.M.O/ Life Assurance	

Responsibility: 200PPV

Five Star Director

Qualifications:

Among the whole direct networks, there are at least nine networks, which contain one One Star Manager in each network.

Benefits:

Retail profit	Placement bonus	Generational bonus	Royalty bonus
Reorder bonus	Global share	Villa award-300000 PV / H.M.O/ Life Assurance	

Responsibility: 200PPV

Level	1* Consultant	2* Consultant	3* Consultant	4* Consultant	5* Consultant	6* Consultant	7* Consultant	8* Consultant	1* Manager	2* Manager	3* Manager	1* Director	2* Director	3* Director	4* Director	5* Director
Condition for Upgrade	Purchase a GHT Enrollment Package	100 PPV	200 PPV Qualified Member	2 legs 3*Consultant 1,000CPV	2 legs 4*Consultant 3,800 CPV	2 legs 5*Consultant 26,000 CPV	2 legs 6*Consultant 113,000 CPV	2 legs 7*Consultant 450,000 CPV	2 legs 8*Consultant 800,000 CPV	2 legs 1*Manager	3 legs 1*Manager	4 legs 1*Manager	5 legs 1*Manager	6 legs 1*Manager	7 legs 1*Manager	9 legs 1*Manager
Retail Profit	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%
Generational Bonus			8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%	8% - 37%
Placement Bonus			10%	10%	10%	10%	10%	10%	10%	10%	10%	10%	10%	10%	10%	10%
Royalty Bonus			10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%	10% - 33%
Reorder Bonus			18%	18%	18%	18%	18%	18%	18%	18%	18%	18%	18%	18%	18%	18%
Global Share								1%	1%	1%	1%	0.50%	0.50%	0.50%	0.50%	0.50%
PPV					20 PV	40 PV	60 PV	80 PV	100 PV	200 PV	200 PV	200 PV	200 PV	200 PV	200 PV	200PV
54								Scholarship	Scholarship	H.M.O	H.M.O	H.M.O & Life Assurance	H.M.O & Life Assurance	H.M.O & Life Assurance	H.M.O & Life Assurance	H.M.O & Life Assurance
Awards	Incentive Award			20 PV	100 PV	1000 PV	3000 PV	13000 PV	17000 PV	22000 PV	30000 PV	50000 PV	80000 PV	120000 PV	200000 PV	300000 PV
	Cash Award															
	International Travel Award															
	Scholarship and Assurance Awards															
	Car Award															
	Villa Award															

Distributors from 1 Star Director to 5 Star Director will qualify for Villa Award automatically. Check the above chart to know the Car value of each level

Generational Bonus	
Generation	Bonus Rate
1st	8%
2nd	10%
3rd	5%
4th	5%
5th	2%
6th	2%
7th	2%
8th	1%
9th	1%
10th	1%

Royalty Bonus	
Generation	Bonus Rate
1st	10%
2nd	5%
3rd	5%
4th	3%
5th	3%
6th	2%
7th	2%
8th	1%
9th	1%
10th	1%

Global Share	
Level	Bonus Rate
8 Star Consultant	1%
1 Star Manager	1%
2 Star Manager	1%
3 Star Manager	1%
1Star Director	0.50%
2Star Director	0.50%
3Star Director	0.50%
4Star Director	0.50%
5Star Director	0.50%



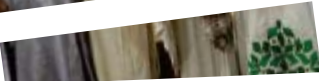
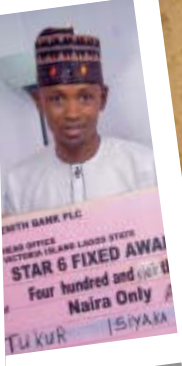
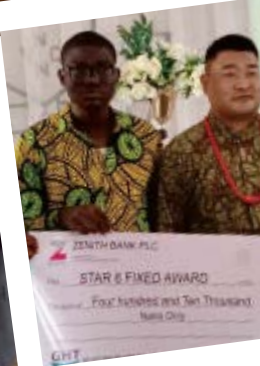
























Awards

20 PV - 836,100 PV

Promo

Incentive

Travel

Car

Cash

Villa

Bonuses

Assurance

Retail profit

Scholarship

NO SSD

➤ Office Counter

- ⊗ Provide your name and membership number exactly as they appear on your Distributor membership Card.
- ⊗ Provide details for each product ordered.
- ⊗ Include full payment.
- ⊗ Failure to enclose full payment or improper and incomplete authorization of your selected method of payment will result in delay of processing of your order and calculating your PV.

➤ Service Centre

- ⊗ Distributors may also purchase their products from our authorized Service Centers. Please check with our office for service centres and branches.

➤ Purchasing Method

- ⊗ Illegible orders placed by Fax / Whatsapp / Facebook messages will not be processed.
- ⊗ Please ensure that you make full payment in order to process your order.
- ⊗ All active Distributors must know the importance of maintaining their minimum PV requirements. It is the Distributor's responsibility to ensure that an adequate PV value is ordered.

➤ Methods Of Payment

- ⊗ The following methods of payment will be accepted:
1, Bank Deposit payable to GHT Official Accounts.

➤ PV Closing

- ⊗ In order to qualify for bonus in a given month on time, orders must reach GHT Head Office by the 15th.



ORDER

When carrying out any activities related to GHT Business (including retailing, sponsoring and meetings etc.) GHT distributors should always follow The following GHT Rules and Policies which are implemented with the purpose of safeguarding the rights and regulating the obligations of its distributors, rather than restraining their independent business activities. Distributors ought to understand and abide by the Rules and Policies. Failure to do so might result in termination of distributorship. GHT reserves to itself the sole right to adopt, amend, modify, supplement, or rescind any or all of the following Rules and Policies without having to issue any prior notice or clarification.

1. Become A GHT Distributor

- A) Only Individuals aged 18 years and above can apply to be a GHT (after which he/she can be called the Company's) distributor.
- B) A distributor of the Company is not an agent, representative or employee of the Company.
- C) All applications must be sponsored by an existing authorized distributor.
- D) Distributorship of an unmarried distributor shall be limited to himself/herself only and he/she shall not have any other partner.

2. Rights and Interests of GHT Distributor

- A) To buy and use GHT products at a member price
- B) Sell GHT products for retail profits
- C) Participation in GHT Compensation Plan and other Incentive Plans and receive bonuses and awards
- D) Sponsor other persons to join GHT to build direct-selling career.
- E) Participation in other events organized under authorization from GHT.

3. Observance Of Local Laws And Regulations

- A) Distributors must abide by all local laws and regulations, especially those laws, rules and commercial rules related to direct-selling operations; distributors must not make any transactions ruled by local government as fraudulent or illegal, nor should they participate in any kind of activity that might compromise GHT reputation.
- B) GHT Distributors are not permitted to use any of GHT platforms to promote political activities or religious activities while in GHT business activities (seminar ,BBS ,etc) no matter when or where it happens, or to make such behaviors as personal.

4. Bonus Payment

- A) All bonuses are computed monthly and based on PV month.
- B) Monthly Bonus will be paid from the 17th of the following month, and all bonuses include the taxes.
- C) After the monthly Bonus being paid, distributors should check to ensure the figures are accurate. Any queries should be made within 14 days from the issuing date of the bonus statements. After which the company reserves the right to ignore any query.

5.Observance Of Meetings-governing Rules And Ethics

A) A meeting must be called according to the rules of GHT. A meeting organized by GHT distributors must have the theme/purpose of training distributors, and it used for promoting GHT business and products only. The organizer of the meeting should not make any personal benefits through such meetings to achieve other objectives.

B) Distributors should present the Company products and Compensation plan truthfully and fairly. Distributors should not make claims for any of the Company products and Compensations other than those found in current Company Profile. If the reputation of the Company is damaged for this reason, the distributors concerned will be held responsible for any cost of damages arising from such action. And also he/ she shall not bind the Company to any settlement related to such cost of damages.

C) It must be made clear that the Company programs are based upon sales of the products through hard work.

D) Distributors should not make negative or disparaging remarks about the Company, its products, officers and employees, or other people.

E) Distributors should follow the highest standards of honesty, integrity and responsibility in GHT business. Because his/her actions as a distributor have far-reaching effects, not only on his/her own business, but on that of other distributors as well.

F) Distributors should accept and carry out the various prescribed responsibilities of a distributor as set forth in official GHT literature.

6.Labeling/Packaging And Use Name/Trademarks Of GHT

A) A distributor must be aware that all GHT trademarks, medals, symbolic badges, designs, books and other visual materials, as well as all industrial property rights and copyrights and products used by GHT are the properties of GHT. All these have been registered, used and authorized for the exclusive use by GHT. Distributors shall not misuse GHT brand and trademarks in the following ways: Produce or obtain and sell any goods printed with GHT symbols and trademarks through other sources than GHT; Print any GHT brand and trademarks on his vehicles except using the stickers distributed by GHT. Without prior permission of GHT, it is not allowed to use GHT name or trademarks. It is not allowed to try to register GHT name or trademarks with official or semi-official organizations or to raise objections in any form or claim any rights about them.

B) The distributors shall not re-label or re-package any of GHT products. All products shall be sold in its original form and package.

C) Distributors shall not advertise the products and/or its programs without the prior written approval of the Company except by using of the exact language used in the Company printed materials.

D) Immediately upon expiration or termination of a membership, the affected distributor shall remove and discontinue the use of all the company name, signs and /or any other representations.

7.Pricing

A) GHT distributors must order products directly from GHT branches or its authorized Service Centres .

B) Distributors must sell products at its Retail price prescribed by GHT. It is not allowed to add surcharges or to make any other improper behaviors such as reducing prices in any form. Company reserves the right to take disciplinary action against any defaulter.

C) Distributors must offer product demonstration and give verbal explanation of usage and notes shown on product labels.

D) No distributors will be allowed to carry out their own promotions or to give offers to sell products unless with written approval from the Company.

8. Cancellation, Resignation, Termination, Death Or Incapacity

A) It is not permitted to represent and promote non GHT products or services distributed by GHT as GHT products/services. Distributors should not use GHT networks to sell products/services which are not manufactured or distributed by GHT (e.g Other MLM company products, Insurance, Real estate, Investment, etc.) The Company may suspend or terminate the membership of any distributor for any non-compliance, breach and/or violation of any of Rules and Policies of the Company.

B) The Company may take legal action for any damage to which it is entitled by Local law.

C) Any distributor may opt to terminate his/her distributorship upon submitting written notice to the Company whereby the downlines will be transferred to the upline/sponsor.

D) Any distributor whose distributorship has been terminated shall no longer be entitled to the benefits and status of his/her distributorship.

E) Only after six months of his/her resignation/termination will a distributor be allowed to reapply to be a distributor subject to the Company's approval. During this 6-month period, he/she is not permitted, either directly or indirectly to participate in the building or development of any of the company distributorship.

F) Any person reapplying to become distributor shall not lay claim to any of his/her bonuses/incentives/awards/level or position, which he/she enjoyed or held prior to his/her termination or resignation.

G) With the consent of the incapacitated distributor or deceased family, this agreement shall be transferred to the beneficiary of the distributor.

9. Principles Of Sponsorship

A) GHT is dedicated to maintaining the integration of all lines in networks, and it does not permit distributors to change their sponsor arbitrarily through any means. Any application submitted with the intent to change sponsors will be rejected.

B) No matter under what circumstances, GHT distributor may not try to viciously recruit distributors by directly or indirectly assisting, instigating, intervening or persuading other distributors to leave their sponsoring line or network. It is against the Company

policy for a distributor to be sponsored under two or more distributorship. Such conduct will result in the termination of his/her distributorship.

C) Only six month after voluntary termination of distributorship, can a distributor reapply for a new distributorship.

D) It must be explicitly ascertained whether the potential distributor and his/her spouse were GHT distributor. If one happened to be a GHT distributor, the distributor can only sponsor the person six months after the termination of distributorship.

E) In case of divorce, if the spouses hold one distributorship and manage their network together, one party shall inform the Company of his/her intention to resign from distributorship, with result that the other party shall thereafter be left to assume sole responsibility for the distributorship and enjoy the benefits derived from it. The resigning party may apply as a distributor in his/her own right at that time.

F) Sponsors should be courteous and prompt in handling any and all complaints.

G) Any violation of the above mentioned rules and policies might result in taking the appropriate action to cancel all the distributor's benefits and business value(PV) of his/her personal group to his/her upline distributor by the Company.

10.Sale Or Transfer Of Distributorship

A) Only distributorship in good standing with GHT and having rank of One Star Director distributor and above may sell his/her distributorship. The distributor must write to the Company for approval before any sale of distributorship can be made. Approval is based on the review of the proposed purchaser's qualification and intention to manage and will be subjected to the consent and approval by GHT.

B) The sale of distributorship shall be handled through the following preferential order:

- First priority: The distributor's immediate sponsor.
- Second priority: Any up line distributor
- Third priority: One of the direct downline distributors.

C) Upon approval of the sale by the Company, a sale and purchase agreement must be signed between the buyer and seller. A copy of the duly stamped sale and purchase agreement must be sent to Company for filing.

D) In the case of transfer of distributorship, only distributor with the level of One Star Director and above may apply for the transfer. The transfer request will only be considered provided the distributorship is transferred to the immediate family namely, spouse, parents, children, brothers and sisters. Any request for transfer to non immediate family member will be considered as sale of distributorship. All applications for transfer of distributorship must provide the necessary documents as a proof of their relationship.

E) Any distributor who has sold or transferred his/her distributorship can only apply to join as distributor after 6 months from the date of the sale or transfer. Accordingly, he/ she will start from the very beginning as if he or she is a newly joined distributor.

F) All bonuses yield by the sold distributorship will be paid to the new owner. The Awards and recognition previously awarded to the distributor will be transferred to the new owner if the new owner is presently distributor of GHT. However, the new owner should attain the required qualification before he/she is entitled to acquire any due awards and recognition of the transferred distributorship.

G) Changing of a distributor's bank account details indicates that a distributor has bought another distributor's GHT membership card.

GHT would not change any distributor's bank account details with another person's (distributor's) bank account details, except the distributor provides the following requirements:

- 1) Evidence of agreement letter signed by both parties, stated clearly that the membership card had been sold by the original owner. He/she should give reason(s) of selling his/her membership card, and the document must be authenticated.
- 2) Both parties should provide a photocopy of any of the following: Identity card, National identity card, International passport and Driving license.
- 3) Both parties must provide the company with a photo of the handover of membership exercise to serve as an evidence.
- 4) The distributor should provide a photocopy of the GHT ID card handed over (sold).
- H) The company reserves the right to disapprove any sale or transfer of distributorship without having to give any reason.

11. Others

- A) The failure of the Company to exercise any rights stated in Rules and Policies shall not constitute a waiver of the Company rights to demand exact compliance therewith.
- B) Any waiver by the Company can and shall only be affected in writing by an authorized personnel of the Company.
- C) These Rules and Policies are subjected to changes and/or amendments, which the Company may make from time to time without having to issue any prior notice.

12. Disclaimer of liability

- A) The material and information contained on our products label or distributors manual / handbook is for general information purpose only. You should not rely upon the material or information on distributors manual as a basis for making any business, legal or any other decisions. Whilst we endeavour to keep the information up to date and correct, GHT makes no representations or warranties of any kind, express or implied about the completeness, accuracy, reliability, suitability or availability with respect to such information, products, services or related graphics contained therein for any purpose. Any reliance you place on such material is therefore strictly at your own risk.
- B) GHT will not be liable for any false, inaccurate, inappropriate or incomplete information provided by any of our distributors, or on products label/package.
- C) To the extent not prohibited by law, in no circumstances shall GHT be liable to you or any other third parties for any loss or damage (including, without limitation, damage for loss of business or loss of profits) arising directly or indirectly from your use of or inability to confirm the accuracy of any such information provided by any of our distributors from us via our e-channel provided.
- D) Opinions expressed by our distributors are theirs alone, and do not reflect the opinions of GHT. GHT is not responsible for the inaccuracy of any of the information supplied by the distributors or in relation to any comments that are made. You should always endeavour to confirm the accuracy or correctness of such information.
- E) Please be duly informed that all content found on GHT's social media platforms exclusively belongs to GHT. In light of this, all GHT Consultants are strongly advised to use only GHT's content or their original material when promoting GHT products and services. We hereby assert unequivocally that GHT company will not assume responsibility for any copy right infringement. Let this serve as a clear and categorical directive for all concerned.

SD GHT Health Care Nig. Ltd reserves the final explanation rights to this Company Profile.

Rules And Policies



GHT



+234 906 200 1001
ghtheadoffice@gmail.com
www.ghthealthcare.com